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Luther
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Day**
Monday,
January 20

THE RIVER WEEKLY NEWS



VOL. 19, No. 3

From the Beaches to the River District downtown Fort Myers

JANUARY 17, 2020

Trio To Provide World-Class Chamber Music

The Sidney and Berne Davis Art Center Chamber Music Series culminates incredible performances by some of the most celebrated musicians in the genre. The second concert in the series brings the Trio Gaspard on Friday, January 24. Cocktail hour is at 7 p.m., with the performance at 8 p.m.

Founded in 2010, Trio Gaspard is one of the most sought-after piano trios of its generation, praised for its unique and fresh approach to the score. The trio features Jonian Ilias Kadesha on violin, Vashti Hunter on cello and Nicholas Rimmer on piano.

Trio Gaspard is invited to perform regularly at major international concert halls, and since inception, has won three major international competitions. The trio won first prizes and special prizes at the International Joseph Joachim Chamber Music Competition in Weimar, Germany, the 5th International Haydn Chamber Music Competition in Vienna, Austria and the 17th International Chamber Music Competition in Illzach, France. In 2012, Trio Gaspard was awarded the Wiener



Trio Gaspard, from left, Jonian Ilias Kadesha, Vashti Hunter and Nicholas Rimmer

photo provided

Klassik Preis der Stadt Baden in Austria. In autumn 2019, the group released its debut album, *Live in Berlin*, with works by Haydn, BA Zimmermann and Schubert, performed live at the Boulez Saal in Berlin.

Trio Gaspard, whose members hail from Germany, Greece and the United Kingdom, has worked regularly with the co-founding member of the Alban Berg Quartet, Hatto Beyerle. They also studied at the European Chamber Music Academy,

where they worked with Johannes Meissl (Artis Quartet), Ferenc Rados, Avedis Kouyoumdjian, Jérôme Pernoo and Peter Cropper (Lindsay Quartet). The trio has already garnered its own teaching experience, giving masterclasses at Kyung-Hee University in Seoul, Korea and as resident piano trio of Shanghai Chamber Music Festival 2016, where they taught talented young ensembles and sat on the jury of China's national chamber

music competition. Future masterclass engagements include a residency at Dartington International Summer School in the United Kingdom and at Belfast International Arts Festival.

All three members are successful soloists in their own right and continue to pursue their solo careers, giving recitals and performing concertos in prestigious venues including the Tonhalle Zürich, Megaron Music Hall Athens, Teatro Verdi di Firenze, Konzerthaus Vienna, Berlin Philharmonie, Rudolfinum Hall Prague and Royal Festival Hall London. The trio has won prizes at international competitions including the Prague Spring Cello competition, the Leopold Mozart Violin Competition, the Deutscher Musikwettbewerb and the Parkhouse Award London. The members of Trio Gaspard have also performed individually with other chamber groups, collaborating with eminent artists such as Steven Isserlis, Gidon Kremer, Kim Kashkashian, Nicolas Altstaedt, Alexander Lonquich, Vilde Frang, Pekka Kuusisto, Kit Armstrong, Nils Mönkemeyer and the Quartetto di Cremona.

Tickets are \$40 in advance for general admission or \$45 at the door.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information or tickets, visit www.sbdac.com or call 333-1933.✽



Maestro Nir Kabaretti

photo provided

Symphony Concert Goes Beyond Classical

Shell Point Retirement Community will continue the Southwest Florida Symphony installation of its 2019-20 Fine and Performing Arts Series with

a performance of Stradi-Various at The Village Church on The Island at Shell Point on Thursday, January 23 at 7 p.m. Tickets are \$25.

Maestro Nir Kabaretti will conduct the Southwest Florida Symphony's Stradi-Various, along with violinist and guest artist Gilles Apap. The performance will feature a repertoire

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Celebrity Chef Festival To Benefit Humane Society

Gulf Coast Humane Society's (GCHS) Celebrity Chef Festival returns for its second year at Six Bends on Thursday, January 30 from 5:30 to 9 p.m. The shelter's largest fundraiser of the year will feature some of the top chefs in the area, with attendees having the opportunity to sample dishes set forth at the chef stations. Live and silent auctions will be back with some unique offerings, as well as hors d'oeuvres, an open bar and GCHS furry ambassadors on site.

"Last year, we decided to freshen up our gala fundraiser and incorporate the Celebrity Chef Festival," said GCHS Executive Director Jennifer Galloway. "The event was a resounding success in fundraising for the shelter, as well as everyone having such a great time. The atmosphere is so unique, with the entire event being held under tents at Six Bends. There will be live music and the attendees being able to mingle with our furry ambassadors."

The chef lineup includes: Harold Balink of Harold's (Fort Myers); Benjamin Voisin and Fabrice Deletrain of Gather (Cape Coral); Brian Gorman of Artichoke & Company (Bonita Springs); Jay Johnson of Bubba's Roadhouse and Saloon (Cape



Chef Lindsey

photo by Vandy Major

Coral); Norman Love of Norman Love Confections; Brewmasters Rob and Jen Whyte of Fort Myers Brewing Co. (Fort Myers); Carlo Rao of Mastello Ristorante (Fort Myers); Michael DeNuzio and Brie Christenberry of Fine Folk Pizza (Fort Myers); Brian Roland of Crave Culinaire and Venue Naples (Naples); and Emma Calcara of Palladio Trattoria (Bonita Springs).

Six Bends is located at 9510 Thunder Road in Fort Myers. Tickets can be purchased at www.ccf2020.givesmart.com.✽

Historic Downtown Fort Myers, Then And Now:

Riverfront In Flux



by Gerri Reaves, PhD

This 1930s postcard image captures the eastern side of the downtown waterfront in one of its less-than-picturesque stages.

The main subject of the birds-eye image, presumably taken from the Franklin Arms Hotel, is the new Thomas A Edison Memorial Bridge extending from Fowler Street.

That bridge was completed in 1930 and dedicated by Edison in 1931 on what would be his final trip to Fort Myers. He died later that year.

The fact that the two-lane concrete bridge was still without lights – a frequently noted irony – narrows the photo’s date to between 1931 and 1937, because lights were not installed until November 25, 1937.

When compared to the great height of today’s twin-span Edison Bridge, that old bridge seems to virtually skim over the water.

Those two large buildings at the center of the photo are part of the Royal Palm Hotel, the town’s Gilded Age hotel, which opened in January 1898 with the short-lived name of Fort Myers Hotel.

The building closer to the Caloosahatchee was the hotel annex and the other the hotel casino for a time.

Glimpses of the hotel itself, which faced First Street at the foot of Royal Palm Avenue, are visible in the lower right corner through the thick tree cover. That recreation pier and pavilion were hotel amenities. The whitish strip across the lower portion of the photo is the eastern end of Bay Street in-the-making. The lone house near the river on a rather desolate lot is the Vivas family home, which originally had stood on First Street.

Joseph Delores and Christiana Stirrup Vivas were one of Fort Myers’s two “first families.” The honeymooners arrived in 1866 and settled on the grounds of the



In the 1930s, downtown’s eastern riverfront was in flux. The new Edison Bridge signified the future, and the relocated 1883 Vivas home (left) the pioneer era. The Royal Palm Hotel annex and casino stand center right.

photo courtesy Southwest Florida Historical Society, Sara Nell Hendry



Today, a view of the Edison Bridge is obscured by development. Lee Street south of Bay extends to Edwards Drive and the Fort Myers Yacht Basin (left). photo by Gerri Reaves

vacated U.S. Army Fort Myers. They built two family homes on First Street east of Lee Street at today’s Vivas Court, a log cabin in which the family lived until 1883, and then the two-story frame house seen here.

In 1925, the family (Joseph had died in 1909) sold the 132 feet of frontage on First for a whopping \$250,000. The family home was moved northward, across what was to become Bay Street to the location shown here. It was repositioned to face what would eventually develop into Lee Street. The hotel annex lay to the house’s rear.

Note that in the 1930s, the riverfront had yet to be extended to today’s boundary. Edwards Drive was still many years in the future.

A Milwaukee developer had boom-time plans for the Vivas property: an eight-story office building on First and a hotel for the riverfront once fill and a seawall made that possible. However, like many projects of that era, it never came to be.

Now everything in this birds-eye view, except the river and land, of course, is gone – the first Edison Bridge, the grand hotel and the home of one of the town’s first families.

The riverfront has been extended and Edwards Drive created. Modern buildings and streets occupy the footprints of those early structures.

Walk down to the eastern riverfront and marvel at the changes to it over the last nine decades.

Then visit the following research centers to learn more about the ever-shifting shoreline and the shuffling around it inevitably prompts.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society and *The News-Press*.✧

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From left, Rachael Endrizzi, Ken Quiricone, Matthew Scott and Autumn O'Ryan in *Weekend Comedy* photo provided

Heartwarming Comedy At Off Broadway Palm

The Off Broadway Palm Theatre presents *Weekend Comedy* playing now through Saturday, February 22. This laugh-out-loud, yet

heartwarming comedy, was written by Sam Bobrick and first presented in 1985. Peggy and Frank, a middle-aged couple who have fallen into a marital rut, rent a cabin with romance on their mind. But the mood is broken by the arrival of Jill and Tony, a cohabitating couple in their 20s who are madly in love. After finding the four were accidentally booked into the same cabin, they all decide to stay, and a comedic clash of generations

is set in motion. Performances are Tuesday through Sunday evenings with selected matinees. Ticket prices range from \$42 to \$62 with discounts available for children and

groups of 20 or more. The Off Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For tickets, call 278-4422, visit www.broadwaypalm.com or at the box office.✪

Local Girl Scout Featured On Cookie Boxes

This year, Girl Scout Cookie fans around the country will see the smiling face of a Southwest Florida girl on their box of Tagalongs cookies. Olivia Trader of Cape Coral was one of six national winners in Girl Scouts of the USA's 2018 Girl Scout Cookie Pro Contest. Girl Scouts from across the country submitted their "Cookie Pro Résumés," highlighting the skills they have learned, their memorable customer experiences and their tips and tricks for reaching their program sales goals. Each of the winners participated in a photo shoot to be featured on the new Girl Scout Cookie packaging for the 2020 cookie season.

Trader can be seen playing guitar alongside other national cookie pros on the front of the popular Tagalongs cookie box. The refreshed packaging for all Girl Scout Cookie varieties features Girl Scouts taking part in a diverse range of experiences, such as camping and canoeing, exploring space science and taking action to improve their communities.

Trader knows that being a great entrepreneur is all about connection. Through the cookie program, she's learned how to use her conversation skills to turn interest into sales and take on leadership positions to make a difference in her community.

"Young cookie entrepreneurs like Olivia learn important business and financial literacy skills that are proven to build their leadership skills and position them for success in the future," said Mary Anne Servian, CEO of Girl Scouts of Gulfcoast Florida. "And, every dollar from the Girl Scout Cookie Program stays within the local council to support troop activities, community service projects, council programs and more."

In addition, the local Girl Scout council will be offering a new cookie variety, Lemon-Ups (replacing Savannah Smiles). The crispy lemon cookie joins the rest of the 2020 lineup, which includes favorites such as Thin Mints, Samoas and Trefoils.



Olivia Trader photo provided

Lemon-Ups will also be available in other select council markets.

Local Girl Scouts are currently taking cookie pre-orders and cookie booths will be open throughout the area from February 15 to March 15. To find out when booths are scheduled near you, or to learn more about Girl Scouts of Gulfcoast Florida, visit www.gsgcf.org.✪

Free Movie At Estero Park

Lee County Parks & Recreation is hosting a free Movie in the Park at Estero Park on Saturday, January 18 at 6 p.m. Movie begins at 6:30 p.m.

The PG-rated animated comedy adventure *The Secret Life of Pets 2* will be the main feature. The movie follows Max and his pet friends as they explore the idyllic farm they now call home once their owner is absent.

Guests are encouraged to bring blankets or chairs.

Estero Park is located at 9200 Corkscrew Palms Boulevard in Estero. For more information, contact Liz Szurminski at 533-1470.✪

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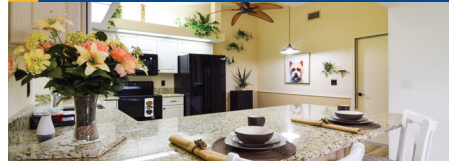
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Fort Myers Art:

Busy January Slate Resumes For Art Festivals



by Tom Hall

January is a busy month for outdoor art fairs and festivals in Southwest Florida, with a total of 14 events scheduled over the four weekends. Ten of those events were held during the first

two weeks of the month, but there are four more on tap around Southwest Florida.

The Sanibel Community Association (SCA) Fine Art and Craft Festival takes place from 9 a.m. to 4 p.m. on Friday, January 17 and Saturday, January 18 on the grounds of The Community House at 2173 Periwinkle Way on Sanibel. This two-day boutique art show is a partnership between Sanibel Community Association and Boulderbrook Productions. It features gourmet food booths, live entertainment and 77 carefully vetted fine artists showcasing high-quality original works in oil, acrylic and watercolor, drawings and pastels, 2D and 3D mixed media and collages, photography and digital art, woodworking, sculpture, ceramics, glass, fiber art and jewelry. Proceeds from the event benefit The Community House and SCA. For more information, call 293-9448.



Participants at a previous Sanibel Community Association Fine Art and Craft Festival
photo courtesy www.artswfl.com

Also taking place on January 18 is 3rd Saturday Naples Art District Studio and Gallery Tours. This event features more than 60 artists, who will be showcasing their recent works of art and demonstrating their medium. The Naples Art District is located north of Pine Ridge Road and west of Airport Road. Participating galleries and studios are open from 11 a.m. to 4 p.m. Just look for the magenta flags.

Art Fest Naples at Fleischmann Park will be held on January 18 and 19 in Naples' Fleischmann Park, which is located just south of the Coastland Center Mall at 1600 Fleischmann Boulevard in Naples. Now in its 21st year, the show

is consistently ranked in the top 100 shows in the country by *Sunshine Artist Magazine* last year. Art Fest Naples takes place along the sidewalks that bisect the park, connecting the tennis courts on the east with the picnic pavilion, playgrounds and one of the baseball/softball fields. Because of the festival's size and configuration, Art Fest Naples represents an opportunity for artists and collectors to exchange ideas and information while supporting the Additional Needs, Inc., whose mission is to provide a user-friendly and time-saving website with current and comprehensive information of available resources to assist children and adults

with additional needs, and their families in finding appropriate services.

The Art Festival at Mercato takes place on Saturday, January 25 and Sunday, January 26. This art festival will be held on the lawn in the middle of Mercato. There will be 40 artists skilled in sculpture, painting, glass, jewelry and mixed media. Mercato is a wonderful location for this event. The tree-lined plaza and walkways are the perfect setting for an event of this kind. Anchored by Whole Foods Market, Nordstrom Rack and Silverspot Cinema, a 12-screen premier-style theater, Mercato offers 12 notable restaurants, over 20 upscale retailers and luxury residential condominiums.

The month began with a busy first weekend of festivals like Art Walk in downtown Fort Myers; the Art League of Marco Island Fine Craft Fair on Marco Island; the 23rd Annual Estero Fine Art Show at JetBlue Park; the Naples Art Association's Naples New Year's Art Show on Naples' Fifth Avenue South; and nearby Art in the Park in Downtown Naples. Last week, there was First Wednesday Studio & Gallery Tour in the Naples Art District; the Naples Artcrafters Fine Art & Craft Show in Cambier Park; the Bonita Springs National Art Festival at Riverside Park; the 35th annual Cape Coral Festival of the Arts on the Cape Coral Parkway; and Art After Dark in Crayton Cove alongside Naples Bay.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✽

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Jewelry by Don McCoy

photo provided

Jeweler Among Artists At Festival On Sanibel

Don McCoy will be among the artists who will be displaying their work at The Sanibel Community House Art Festival on Friday, January 17 and Saturday, January 18. McCoy uses diamond tools, many of which he has to make by hand to cut, carve and polish the gemstones. He incorporates alloy 24k gold into 14k, 18k or 22k and

rolls out his own sheet and wire to use in his hand fabricated gold work. Australian opal, diamonds, tourmaline, topaz, fire opal, citrine and amethyst are some of the gemstones he uses.

"The inspiration is right in front of me. I don't have to make anything up," he said. "My craft allows me to breathe my subjects into being, which is at once thrilling and brings enormous gratitude."

The Sanibel Community House Art Festival will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. For more information, visit www.boulderbrook.net or call 293-9448.✽

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Along The River

The **Sidney and Berne Davis Art Center's 2020 Jazzy Nights** series begins with Southwest Florida favorites Dan Miller and Lew Del Gatto featuring Kenny Washington this Friday, January 17. Doors open at 7 p.m., while the concert begins at 8 p.m.

Tickets are \$45 the day of the concert. A VIP table for four is \$220. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com.

The first licensed production of *Death of a Streetcar Named Virginia Woolf: A Parody* opens at **The Laboratory Theater of Florida** this Friday, January 17. There will be an opening night reception with hors d'oeuvres by The Gathering Place starting at 7:15 p.m.

When you add in a folksy narrator and a mashup of movie and theater jokes, you get a deliciously satirical farce with some of the most recognizable characters of the 20th century, all sharing the same stage. *Death of a Streetcar Named Virginia Woolf: a Parody* was written by Tim Sniffen and the story was created by Tim Ryder, Tim Sniffen and The Second City.

For teens, there will be a cast and crew meet-and-greet with pizza donated by Downtown House of Pizza starting this Saturday, January 18 at 6:30 p.m. followed by a complimentary



Horn player Dan Miller will perform during Sidney and Berne Davis Art Center's 2020 Jazzy Nights series photo courtesies

performance for the teenagers. Tickets and pizza are free, but reservations are required.

The show runs through Saturday, February 8. It is sponsored by Art Zupko.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, visit www.brownpapertickets.com or call the box office at 218-0481.

The James E. Hendry Chapter of the American Hibiscus Society will be holding its annual **Hybrid Hibiscus Plant Sale** at The Salvation Army

building this Saturday, January 18 from 2 to 4 p.m. Admission and parking are free.

Some 500 hybrid hibiscus – ones that cannot be found in the big box stores – will be for sale. Prices range from \$15 for a small plant to \$30 for a large plant. There will be special pricing for members. Join the chapter the day of the sale for your discounted prices.

Members of this hibiscus chapter will be available for any questions. There will be information available on how to care for hibiscus, plus books, pruning shears and fertilizer for sale.

The Salvation Army building is located at 10291 McGregor Boulevard in Fort Myers. For more information, visit www.hendrychapterhibiscus.com.

The Clinic for the Rehabilitation of Wildlife (CROW) inaugural fundraiser, **WILD About CROW**, will be held at the historic Burroughs Home and Gardens in downtown Fort Myers this Saturday, January 18 from 6:15 to 9:30 p.m.

The event which will feature a sit-down dinner, appearances by CROW's animal ambassadors and plenty of surprises for guests. The night will also include a live auction sponsored by Spivey Law Firm, craft brews sponsored by Millenial Brewing Company, spirits sponsored by Huxter's Market, Deli & Liquors and Global Event Marketing, wine sponsored by Superior Title, and desserts sponsored by Lady Cakes Bakery. Music, sponsored by Azul Cosmetic Surgery & Medical Spa, will be provided by Southwest Florida native DJ Robert McDonald from New Beginnings Events.

The Burroughs Home and Gardens is located at 2505 First Street in downtown Fort Myers.

Tickets are \$150 per person and can be purchased online at www.crowclinic.org/articles/wild-about-crow.✴

CPR Certification And First Aid Certification

With the New Year, are you ready to learn something new or need to maintain your professional certifications?

The City of Cape Coral will be offering two certification classes at Four Freedoms Park on Saturday, February 22. There will be a CPR/AED Certification class from 8 a.m. to noon, followed by a First Aid Certification class from 1 to 4 p.m.

The sessions are for ages 12 and older, and are taught by the Southwest Florida Safety Council Instructors.

In the CPR class, all participants will receive hands-on training, which includes the correct use of the Automated Electronic Device (defibrillator) along with adult, child and Infant CPR.

During the First Aid class, all participants will learn the proper techniques to provide immediate care for a suddenly ill or injured person until more advanced medical care arrives to take over. Learn how to recognize an emergency and take appropriate actions so you can always be ready to help those you care about in your home and community.

Cost for each certification is \$40. Register for one or both certifications. A two-year certification is awarded upon completion for each program. Knowledge is power! Enhance your skills and your resume with these valuable lifesaving skills. For preparation purposes, pre-registration must be in by Thursday, February 13.

Four Freedoms Park is located at 4818 Tarpon Court in Cape Coral. For more information, call 574-0804.✴

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www.ChristianScienceFortMyers.net
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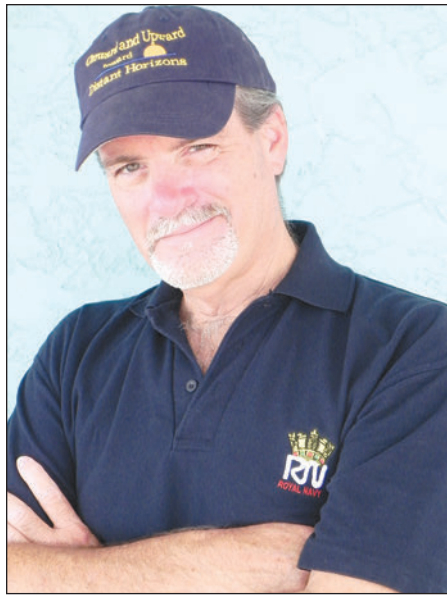
IMAG Center Speaker Series

The IMAG History & Science Center is launching its Distinguished Speakers Series on Thursday, January 23, 2020 from 6 to 8:30 p.m. The first talk features Robert N. Macomber, author and lecturer, and introduces the premiere of *Cuba: Journey to the Heart of the Caribbean*, a large-format, 3D film. Promising to be exceedingly entertaining and educational, The Southwest Florida-Cuba Connection will include a book signing by Macomber as well as light Cuban-inspired refreshments.

Macomber's talk will focus on Florida and Cuba – 500 Years. He is an award-winning author, internationally recognized lecturer, history enthusiast, global adventurer and avid researcher. Macomber's connection to Cuba is personal and very unique.

"We all have wondered about the mysterious island of Cuba," Macomber said. "You will get a full historical perspective, and feel the vibrancy of the culture, and see the stunning story of resiliency which survives today."

In addition to Macomber's presentation, the IMAG will also be premiering *Cuba: Journey to the Heart of the Caribbean*, taking audiences on a thrilling journey through this island nation of spectacular beauty. The documentary is a vivid window into Cuba's vibrant culture, its meticulously maintained colonial architecture and pristine ecosystems. It transports audiences across breathtaking island landscapes, under ocean surfaces to dazzling reefs and into streets throbbing with music and dance in the heart of Havana. Through the



Robert N. Macomber photo provided

eyes of Cuban artists, historians, scientists and its people, audiences have a marvelous opportunity in the film to explore this amazing country at a unique moment in its history.

The new Distinguished Speakers Series is a planned series of lectures on various topics and interests including history and science, the arts and humanities, technology and engineering, math, current events, and more.

"We are pleased to feature Robert Macomber as our first author in the IMAG Distinguished Speakers Series," said Matt Johnson, executive director of the IMAG.

The IMAG is located at 2000 Cranford Avenue in Fort Myers. For more information and ticket reservations, call 243-0043 or visit www.theimag.org.

New Exhibit At Rauschenberg Gallery At FSW

On January 16, Florida Southwestern State College opened a new exhibit titled Beatriz Monteavaro: Vacation at the Bob Rauschenberg Gallery. Surveying more than two decades of drawings, designs for concert flyers to comics/zines and large-scale art objects, this immersive installation takes its title from the 1982 Billboard Top 10-charting single and RIAA Gold-certified studio album of the same name by The Go-Go's, a seminal all-female punk/new wave group.

The heroines of several adventurous and densely-drawn narratives included in the exhibition, The Go-Go's are recurring characters in the work of Monteavaro and provided early inspiration for the artist and four of her teenage friends to pay tribute to the band by dressing-up as the band for a Halloween show in the 1980s.

Monteavaro is an artist and musician whose work is influenced by monster movies, science fiction, Disneyworld (especially it's themed Adventureland area, a midcentury representation of Africa, Asia, Polynesia and The Caribbean), and music scenes including the 1970's English punk and the Miami underground surrounding Churchill's Pub, which she has

been a part of since 1991.

Monteavaro was born in Cuba, and received a bachelor of fine arts degree from Tyler School of Art of Temple University. Her work has been exhibited in venues such as Annina Nosei Gallery, New York; Miami Art Museum, Miami; Museum of Contemporary Art, North Miami; NFA Space, Chicago; The National Museum of Women in the Arts, Washington DC; Tent, Rotterdam; Galerie Edward Mitterrand, Geneva; Galerie Emmanuel Perrotin, Paris; The Patricia and Phillip Frost Museum at FIU, Miami, among others. She has had solo exhibitions at Las Cienegas Projects, Los Angeles; Derek Eller Gallery, NYC; Galerie Sultana, Paris; Locust Projects, Miami; Fredric Snitzer Gallery, Miami; Emerson Dorsch Gallery, Miami; The University Galleries at Florida Atlantic University, Boca Raton, The Gulf Coast Museum of Art in Largo; and CUNSTHAUS, Tampa. Her work has been reviewed and featured in *Flash Art*, *ArtUS*, *ArtNews* and *Art Papers*.

Monteavaro plays drums for SAAVIK and is one half of the band Holly Hunt. She has a solo sound project called Ellen Ripley. Monteavaro works at a record store, which she considers part of her practice. The artist lives and works in Miami.

Bob Rauschenberg Gallery is located within Florida SouthWestern State College at 8099 College Parkway in Fort Myers. For more information, call 489-9313 or visit www.rauschenberggallery.com.

Lab Theater Workshop And Certification Class

New York director, acting coach, and Sanford Meisner-alum Steven Ditmyer will offer both a workshop and a Meisner Level One certification course at The Laboratory Theater of Florida. The three-hour Meisner taster workshop will be held on Saturday, January 25 from 2 to 5 p.m. at the theater. The 20-hour certification course will be held over four days on February 1, 2, 8 and 9 from noon until 5 p.m. each day.

As an actor, Ditmyer has worked with the likes of Al Pacino, Arthur Miller, Tony Randall, Ron Rifkin, Sam Waterson and Dianne Wiest. As a director, he has worked with such big names as Alec Baldwin, Charles Durning and Jack Klugman. This spring, he will be directing Sarah Ruhl's *How to Transcend a Happy Marriage* at Lab Theater.

The Meisner Technique is a foundational part of acting. Sanford Meisner said, "Acting is the ability to live truthfully under given imaginary circumstances." It is one of the systemic and complete acting techniques in the western world. This technique not only changes the way the actor responds to other actors on stage but in every aspect of character development.

The three-hour Meisner taster workshop will give actors age 18 and older an in-depth glimpse into the Meisner method, which espouses living truthfully



Steven Ditmyer photo provided

under imaginary circumstances.

Thanks to the support of generous sponsors, and as part of the Lab's community outreach program, The Lab is able to offer this workshop for \$10. Seating is limited.

Participants for the four-day, 20-hour Meisner Level One certification course must attend all sessions to receive certification. This course is open to actors of all skill levels, from beginner to advanced, ages 18 and older. Cost for the course is \$325 for non-members, \$250 for Lab members.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. Tickets are available to purchase by calling the box office at 218-0481.*

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Multiple Grammy Winner To Perform At Church

Multi-Grammy award-winner Bill Gaither will host a spectacular evening of music, laughter and encouragement featuring the talent of the prestigious Gaither Vocal Band at First Assembly of God on Friday, January 24 at 7 p.m.

The Gaither Vocal Band will share timeless gospel classics, as well as refreshing, inspiring new favorites embraced by audiences of all ages and backgrounds. Few events have the ability to unite individuals from all walks of life the way Gaither concerts do.

“The longer I live, the more I learn to appreciate the here and now, this moment, this place in life, this group of people with whom I am privileged to collaborate,” said Gaither Vocal Band founder and bass singer Bill Gaither.

During the summer of 2019, the Gaither Vocal Band celebrated the release of a new recording *Good Things Take Time*, produced by famed country and gospel music performer and studio musician Gordon Mote. The recording is a musical snapshot of a special season for this lauded quintet, featuring Gaither, Wes Hampton, Adam Crabb, Todd Suttles and Reggie Smith.

Year after year, Bill Gaither has brought the Homecoming Tour into cities worldwide, performing to packed houses



Gaither Vocal Band

photo provided

with collective attendance figures exceeding a million people and being ranked among the top concerts for tickets sold worldwide in any music genre during the past two decades. Each concert showcases gospel music’s finest talent and draws new listeners with every city.

Joining The Gaither Vocal Band for this special evening will be talented female vocalist Charlotte Ritchie and powerful male vocalist Gene McDonald, as well as guitarist and comedian Kevin Williams.

Gaither continues to be delighted by audiences’ response to the concerts,

now more than 40 years after he quit his day job as a teacher: “I’ve always said it all starts with a great song, and we are fortunate that each concert includes great songs that have stood the test of time. With all the musical choices that are available now, there is still a special place for the joy and optimism that reside in Gospel music. Good news never gets old.”

Named ASCAP’s Songwriters of the Century, Bill and Gloria Gaither have written more than 700 popular gospel songs throughout their multi-decade career, including favorite standards *He Touched*

Me, Because He Lives, and *There’s Just Something About That Name*. Since 1992, when Gaither began recording the celebrated Homecoming series of DVDs and CDs, most every volume has gone gold or platinum with sales totaling approximately 100 million volumes. The programs appear regularly on television networks around the world.

First Assembly of God is located at 4701 Summerlin Road in Fort Myers. For more information and tickets, visit www.gaither.com or www.premierproductions.com. To charge tickets by phone, call 1-855-484-1991.*

Lutheran Church Hymn Festival

The choirs of Messiah Lutheran Church with Deacon John Renfroe as director and the Peace Lutheran Choir with director Ric Jaegggi will join in a traditional, Lutheran-grown Hymn Festival at Peace Lutheran Church on Friday, January 24 at 7 p.m.

Cantor Mark Mummert of Trinity Lutheran in Worcester, Massachusetts will be the guest musician. Mummert is also artistic director of Diamonds From The Dust, a professional vocal ensemble based in Worcester, and assistant director/accompanist for the Worcester Chorus. He was the distinguished visiting cantor at the Lutheran Theological Seminary at Gettysburg in 2015, director of worship

continued on page 20

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31.
www.crownoflifelutheran.com. 5820 Daniels

Pkwy, 482-2315.

CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE
Sunday 10:30 a.m., 2154 McGregor

Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. nbcministry@embargmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES
Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org. 567-9739.

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ST. FRANCIS XAVIER CATHOLIC
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SAINT JOHN THE APOSTLE

METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswf.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THE NEW CHURCH
Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.*

CROW Case Of The Week:

Great Blue Heron



by Bob Petcher

The great blue heron (*Ardea herodias*) is a grayish-blue, tall bird with a long S-shaped neck and dagger-like bill.

This large wading bird is surprising light in weight. Due to

its hollow bones, a great blue heron typically weighs only five to six pounds. Interestingly, all birds share this bone feature.

When the heron utilizes its rangy neck and sharp bill for fishing, it emulates a spear-like thrust that is lightning-quick and effective. In fact, this species of heron has specially shaped neck vertebrae, which enables it to strike from a distance.

A great blue heron's eyes are also important in its pursuit of prey. Great eyesight – reportedly about three times more intricate than a human's eyesight – allows the heron to possess good depth perception.

At CROW, an adult great blue heron was transferred from Busch Gardens in Tampa to CROW for continued care on a chronic lower left eyelid abscess and a resistant infection of the eyelid.

Upon intake, veterinarians noticed a collection of fluids built up on the lower eyelid, a condition that may have been



Patient #19-5298 had difficulty with its eye before a second surgery was performed to remove additional abscess material and the soft tissue material surrounding the abscess

photo by Brian Bohiman

impacted by a fishing hook or another sharp object.

The patient underwent surgery the following day to release the fluid. A topical ointment was applied, and veterinarians bandaged the eye. The bird was given antibiotics daily and pain medicine as needed.

"Surgery was performed to remove all infected abscess material as well as the surrounding soft tissue encapsulating the abscess. The chronic nature of the abscess meant the surgery was more complicated

in order to remove all of the affected tissue," said Dr. Robin Bast, CROW staff veterinarian. "The incision was temporarily bandaged after surgery to keep it clean and allow for drainage."

Over the course of the next week, the eyelid was flushed and the bandage was changed daily. A veterinarian check was performed six days after intake on January 3, and radiographs revealed that the wound had soft tissue swelling. This particular injury was not detected upon intake.

A second surgery was done to

surgically explore the area and attempt to remove the encapsulated abscess.

"A second procedure successfully removed additional abscess material and the soft tissue material encapsulating the abscess," said Dr. Bast. "The initial surgery removed abscess material and samples were taken to determine what type of bacteria were present and what medications they were susceptible to... cytology, culture and sensitivity."

A few days later, CROW medical staff reported that the patient was active, eating well and that the swelling had greatly improved.

The great blue heron is now on a wait-and-see program until its infection clears up,

"The patient is on the appropriate antibiotics for the next two weeks post-operatively to ensure the infection resolves. The site where the abscess was removed continues to heal, and the inflammation is resolving," said Dr. Bast. "Over the weekend, the patient was moved to an outdoor enclosure and is eating its antibiotics in its fish. If the site heals within the next two weeks and blood work shows no evidence of infection, the patient will be cleared for release at that time and will be returned to the area it was found near Tampa."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✱

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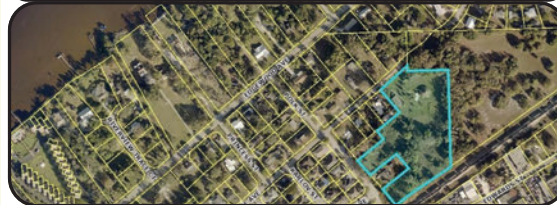
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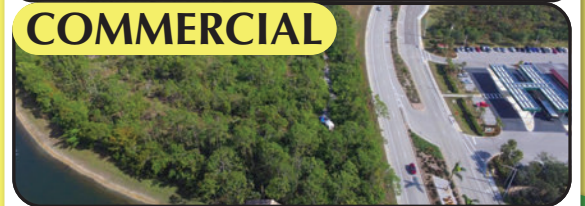
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If there is one thing I have learned spending lots of time afloat, it is to take the weather forecast with a grain of salt. This held true this week as we had a forecast of super

For the start of this week, we had the strongest cold front so far this winter, dropping morning low temperatures into the high 40s. After two really cold mornings, our water temperature in the sound dropped from the mid-70s to the mid-60s. We switched gears to shrimp fishing for almost an entire week, and clients experienced some great sheepshead action along with black drum and redfish.

seen so far this winter. Several favorite docks around St. James and the eastern end of Sanibel produced sheepshead up to 20 inches. Then, as water temperatures gradually rebounded back to that magic 70-degree tipping point, we started catching shiners again.

It never fails to surprise me the variety of fish you can catch while targeting sheepshead. The big surprise of the week came while fishing during an afternoon trip with the Marvel family.

After picking them up, I headed right back to a dock that we had fished. That morning trip was strong on catching lots of sheepshead. On the first cast on this dock, we immediately hooked up to a large fish that turned out to be a black drum. After releasing the drum, we instantly hooked up on a little tarpon weighing roughly 10 pounds. After several amazing jumps we landed the tarpon, got a quick picture and watched it swim off.

For as bad as the weather forecast was for this entire week, we not only managed to get all of our charters out but caught a amazing variety of species along with some real quality fish. Without that wait-and-see attitude watching the weather, we may have never even left the dock.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ❄❄



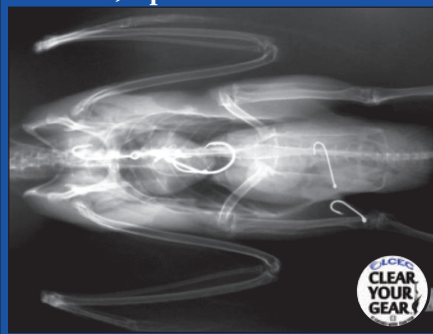
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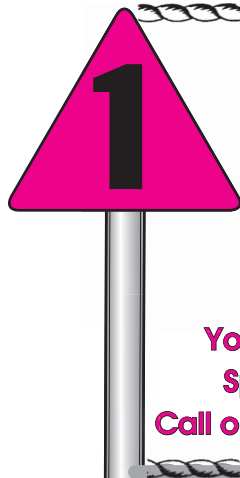
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American alligator

photo provided

CROW Speaker Program With Live Animal Encounter

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series presented by LCEC continues on Tuesday, January 21 with Fast Hands or No Hands by Patty and Allen Register, owners of Gatorama.

Gatorama is a historic roadside tourist attraction and alligator farm in Glades County, exhibiting the largest collection of large alligators and crocodiles anywhere in the United States. During this presentation, the owners will share their story of Gatorama's sustainable model for the recovery of an endangered

species and provide live specimens for guests to meet.

Speaker Series programs begin at 4:15 p.m. in the CROW Visitor Education Center, located at 3883 Sanibel-Captiva Road and are approximately one hour in length. This presentation will feature a live animal encounter. Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and under. Space is limited and advance registration is recommended.

CROW's 2020 Speaker Series features weekly talks and runs through April 14. For a full schedule, more information or to register in advance, visit www.CROWClinic.org/articles/2020-speaker-series-presented-by-lcec.✱

Plant Smart

Common Wire Weed

by Gerri Reaves

Common wire weed (*Sida ulmifolia*) is a Florida native and member of the mallow family, with includes species such as okra, cotton and mahoe.

This native wildflower grows abundantly throughout the state in disturbed areas, pinelands, hammocks, and fields, and along roadsides.

It is typically considered a weed if growing in a lawn. The taproot makes it difficult to remove and mowing doesn't faze it, so maybe this is one to simply appreciate.

It is valuable as a foraging food for wildlife such as white-tailed deer, rabbits and birds, including quail and turkeys. When allowed to grow tall, it provides cover as well.

Multi-branched with wiry stems, it often grows in sandy soil and can reach up to three feet tall. It is drought-tolerant and tough.

The dark green alternate leaves are lance-like with serrated edges and pointed tips and up to two inches long.

The yellow or creamy flowers bloom throughout the year. They appear in the leaf axils singly or in pairs and measure less than an inch across.

The outer petals, or sepals, collectively called a calyx, is ribbed. When the sepals are joined they resemble a tiny Chinese lantern.

The five notched asymmetrical petals



Native common wire weed grows throughout the state, often in lawns

photo by Gerri Reaves

overlap like a pinwheel, thus the alternate common names, common fanpetals or Antilles fanpetals.

The flowers resemble the popular hibiscus flower, which is in the same family.

The seeds are dispersed by attaching themselves to clothing, animal fur and other objects.

The plant has a variety of medicinal uses and is also called teaweed.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, <http://www.eattheweeds.com>, www.edis.ifas.ufl.edu, and <http://www.efloras.org>.

Plant Smart explores the diverse flora of South Florida.✱

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The Elephant #4: Stories You'll Never Forget

submitted by Mary Lou Williams

The Elephant #4 Storytelling Showcase: Stories You'll Never Forget, will be held in the Foulds Theatre at the Alliance for the Arts on Wednesday, January 29 from 7 to 9 p.m. The event features 10 area storytellers who recount a variety of narratives from personal tales to folktales. This storytelling showcase is produced by Storytellers of the Round Table.

Tickets are \$15 for Alliance members or \$20 for non-members.

Dr. Joel Ying will be the master of ceremonies. He will kick off the performances with Pandora's Box, a retelling of the Greek myth that explains where all the troubles in the world came from. Lisa Leonhardt

follows with Sisterly Love, an ironic title for a personal story. Lori Cornelius is next with The Singing Waitress, a folk tale in ballad form. Pamela Minton will then perform Squeezing Out the Good Stuff, a very funny personal story about squeezing into a dress. Stephen Cavitt then tells Up Close and Unimaginable, a fantasy based on history. Rhonda Brazina recounts a poignant personal story about adoption called Circle of Love. Mary Lou Williams is next with The Talking Dog, a tall tale. Marilyn Graham tells of Carl's Cactus, a poignant love story about a love that never die. Christopher Pritchard spoke about Gorgeous, a tall tale disguised as a personal story. Robin Schulte completes the evening storytelling with Jack and the Levitator, a story about magic in which the teller becomes a magician.

The Elephant was inspired by The Moth, a storytelling organization based in New York City. The Moth was founded in 1997 by George Dawes Green to re-create the feel of his

childhood in Georgia, where stories were told on the front porch. He longed for the feeling of community that came from swapping personal stories. He called the organization The Moth because, "People are attracted to a story the way a moth is attracted to a flame." Now, 22 years later, this storytelling organization produces live shows in nearly 30 cities, including Los Angeles, Chicago, New York, Detroit, Miami, London and Melbourne, Australia. It has had overwhelming success. There are Moths all over the world - in Kazakhstan, Edinboro, Perth, - to standing-room-only crowds. It can be heard on NPR (National Public Radio) every Saturday night at 6 pm. It has inspired numerous emulators who cater to their local communities.

Among the emulators are the Storytellers of the Round Table, which have named their productions The Elephant, even though none of the stories are about elephants, because these events have stories you'll never forget. The Elephant differs from The



Mary Lou Williams



Joel Ying

Moth in another respect as well: the stories are not limited to personal stories. They can be traditional (folk tales), historical and literary as well as personal.

The stories are as intriguing as their titles.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information about this event or to purchase tickets, visit www.artinlee.org/elephantstories or call 939-2787.✧

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Caroline Sikuta

photo provided

Small Stage Symphonies Series At Three Venues

The Southwest Florida Symphony continues its 59th season with Small Stage Symphonies: Stradivarius at three Lee County venues – the Sidney & Berne Davis Art Center in downtown Fort Myers on Wednesday, January 22; Shell Point Village Church on Thursday, January 23; and Faith Presbyterian Church in Cape Coral on



Gilles Apap

photo by Lia Jacobi

Friday, January 24. Performance times vary by venue.

This program, featuring the multi-talented violinist Gilles Apap, shows off the violin in many different genres – from classical to traditional Irish, French and Balkan music as well as bluegrass and jazz. This internationally renowned guest soloist's style fits with the many fusion and crossover concerts featured this season by the Southwest Florida Symphony. Violinist Caroline Sikuta joins Apap to perform the iconic *Concerto for Two Violins in D minor* by Johann

continued on page 15

Estates To Offer National Kid Inventors' Day

Children and their parents are invited to be an inventor in the Smithsonian Spark!Lab at Edison and Ford Winter Estates (EFWE) for National Kid Inventors' Day on Friday, January 17 from 5:30 to 7:30 p.m. The event offers free admission to the museum.

Special interactive and hands-on activities will be available throughout the 15,000-square-foot inventions museum. Visitors will learn about how Edison, Ford and Firestone tested rubber; hear about the science of sound; observe a LEGO Robotics demonstration; learn about inventions kids have created; and test inventive skills in the Smithsonian Spark!Lab.

The Spark!Lab offers families and children an opportunity to become inventors within different activity stations. Groups and individuals alike can have fun inventing at each station. Activities include:

The Towering Teeter Table is a balancing challenge suited for all ages, where inventors build structures and learn to balance them.

High Wire Driver is an activity where visitors use a variety of building supplies and simple motors to invent devices that can roll along a cable, suspended above a table or work surface. This station allows participants to create imaginative high wire driving cameras, cable cars or even an overhead cash carrier.



Kids have fun inventing in the Smithsonian Spark!Lab at Edison and Ford Winter Estates

photo provided

At the Snap Circuits station, inventors will create and test electric circuits and devices such as LEDs, light bulbs, fan motors, flying disc launchers and even a radio.

Visitors are provided with circuit parts, paper and other materials to create a unique piece of art in the Spin Art activity.

The motorized gears (Mogee Gears for short) interactive features interlocking pieces and a motor that can be used to construct anything imaginable.

The Invent-A-Vehicle station challenges visitors to use PVC pipe, wheels and, most importantly, their imagination, to invent a vehicle.

Kid Inventors' Day celebrates children's achievements and encourages creativity. The date, Benjamin Franklin's birthday, honors the childhood inventor who invented swim flippers when he was just 12 years old. Other notable childhood inventions include the popsicle, trampoline, ear muffs and Braille.

Thomas Edison, another childhood inventor, created a lab in his parent's basement when he was just 10 years old. He often took watches and other things apart to see how they worked. When he was 12, he started publishing a newspaper and sold the publication to train passengers.

The Smithsonian Spark!Lab encourages children of all ages to be creative and think like an inventor. EFWE is one of only nine museums in the country to have a Spark!Lab.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org or call 334-7419.✧

From page 14

Small Stage

Sebastian Bach, popularly known as Bach's *Double Violin Concerto*.

The Small Stage Symphony performances, conducted by Music Director Nir Kabaretti, all feature guest violinist Apap as well as violinist Sikuta, who won the symphony's 2018 Jillian Prescott Music Awards Concerto Competition. The concerts at Shell Point Village Church and The Sidney & Berne Davis Art Center includes the concerto *Winter* from *The Four Seasons* by Vivaldi with Sikuta featured as soloist. The concert at Faith Presbyterian Church includes Handel's *Organ Concerto Op. 4 No. 6* with a special appearance by Michael Helman, the church's director of music and organist.

Tickets start at \$25, with price varying by venue, and may be purchased online at www.swflso.org, by visiting the Southwest Florida Symphony Box Office located at 8290 College Parkway, Suite 103 in Fort Myers, by calling the Symphony Box Office at 418-1500 or at the door, one hour prior to each concert.✧



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Superior Interiors

How To Revamp Your Laundry Room



by Katie Frederick

For many, the laundry room is generally only frequented when it's time to take care of the chores. That doesn't necessarily mean, however, that this living space doesn't deserve decor and

attention to design like the rest of the house. A revamp doesn't have to mean gutting the room; adding a pop of color with accessories or hanging stylish wall art can give the laundry room character and turn a room that was maybe once considered an eyesore into a beautiful place.

The laundry room is often a small space, so you need to consider a simple and bold way to make the room pop. Your walls make the perfect canvas for a new look, you can easily achieve this through paint or wall coverings with a bold design. Wallpaper and paint are a great way to infuse interest and energy into a laundry room. These spaces often are mostly utility with little room for furniture or accessories, so feel free to go bolder with color and pattern selections in

this space.

If you want to add more character to the painted or covered walls, wall art makes a simple addition to the room. A theme that correlates with the living space can help you choose graphic wall hangings, such as pictures and text art that describe the laundry room. Or, you can choose wall art that encourages a refreshing, natural and contemporary vibe in the space, such as flowers or other items from nature.

The vertical space in the laundry room is likely what you'll mix up the most. Take advantage of the wall space you have to hang shelves and create a new storage system for towels, blankets and other items that may stay in the laundry room over time. A design professional can help you build a custom storage system that fits perfectly in the room and matches your wants and desires as a utility space.

Bring comfort to your toes. The laundry room is often lined with tile or hardwood flooring, and with good reason, for the quick cleanup. This can be cold and uncomfortable while you're taking care of laundry tasks. Area rugs offer a simple solution to this issue and can also bring a sense of style to the space with ease. Choose an option that emphasizes your character, fits perfectly within the room and brings comfort to the space.

With a few thoughtful additions, your laundry room doesn't have to go unnoticed anymore!

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coincdecen.com.

Lee Health Adds Operations Vice President

Lee Health has promoted Terry Mainous to vice president of operations for Lee Physician Group (LPG). In this role, Mainous will oversee the implementation of key strategic programs and manage day-to-day operations for LPG.

"Terry was the natural choice for us, and we're excited to bring her knowledge and expertise to this new role. She's been a leader within LPG for 15 years, helping us grow our care footprint in the community while overseeing some of our most crucial projects," said Kris Fay, chief administrative officer of Lee Physician Group, Home Health and Physician Services.

Mainous joined Lee Physician Group in 2005 and has held various leadership roles over the past 15 years, most recently as system director of ambulatory nursing and clinical services. She has implemented key operational projects over the years, including the LPG nurse telephone triage program and LPG's transitional care and patient outreach program. LPG is a multispecialty physician group with more than 1,500 employees and more than 700 physicians and advanced



Terry Mainous photo provided

providers committed to excellent patient care for the Southwest Florida community.

Mainous holds a master's degree in nursing from Indiana University and is a member of Sigma Theta Tau, Alpha Chapter. She has also held a clinical faculty appointment at the Frances Payne Bolton School of Nursing at Case Western Reserve University in Cleveland, Ohio and is a certified medical practice executive as well as a Lee Health "Lifetime Leader" President's Circle Award winner.

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Meet Madeline Fischer!



Hi! I am originally from Texas. My father was in the Air Force for 30 years and surprisingly we managed to stay in Texas from the time I was in the first grade until I moved to Fort Myers in 2001. I had 3 sisters and 1 brother. My oldest sister is the one who convinced my brother and me to move here. She was right, it just doesn't get cold here! In Dallas, I was in the Sign business for about 30 years; quite a different pace than we have here on Sanibel/Captiva. I do enjoy a good game of Rummikub and getting together socially with friends.

I have been working in the Taxi business on Sanibel since 2005. I previously worked at Sanibel Taxi until Tom Jones and I started Island Taxi in 2016. I think what I like best about our business is getting to know and forming the great relationships with our customers over the years. We definitely have challenges in everyday operations, but have a great group of drivers and staff that keep it all going. Our motto "More Than A Ride" is a testament to our great customer service.

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Benefit Dinner Showcase For Music Foundation

The Music Foundation of Southwest Florida's 20th annual Benefit Dinner: Honoring the Past, Present and Future, will be held at The Helm Club at The Landings Yacht, Golf and Tennis Club on Tuesday, January 21. The fundraising celebration will be held from 5 to 8 p.m.

The evening will begin with a social hour and silent auction then followed by dinner and performances by the foundation's 2019 high school scholarship recipients and celebrated violinist Reiko Niiya. The event will also recognize those who have guided The Music Foundation to be the organization that it is today, those who currently support it and those who are its future.

Two award-winning high school music program scholarship winners will perform at the showcase dinner. They are Lexi McQueary on French horn and Gus Bahruth on alto saxophone. Professional musicians, including Niiya, will also perform.

Tickets to the annual benefit dinner are \$50 each.

Dorothy Rodwell, president of the board of The Music Foundation of Southwest Florida, said, "Honoring all the folks who have been stewards for the vision of The Music Foundation of Southwest Florida for 29 years is a tall order. But this year, we will



Reiko Niiya

photo provided

begin that process and honor Ruth Christman for her work from almost the very beginning. The dinner is also an opportunity to connect with musicians and hear about our dynamic plans for this year and beyond."

The annual benefit dinner is the main source of support for the programs that The Music Foundation sponsors. The non-profit's mission is to offer programs that reach out to the young people in the community, including the Summer Music & Arts Camps, Fifth Grade Travelling Instrument Program, Double Reed & Music Festivals and High School Summer Music Camp scholarships.

February 5.

"The underlying message to this important exhibition and Clyde's lecture is the value of preserving the fragile Everglades habitat and the quality of our waterways in the pristine state he has captured them," said DDWS Executive Director Birgie Miller. "We thank Mark and Gretchen Banks for sponsoring the exhibition."

Sales of prints from the exhibition also benefit the refuge through a direct donation from the photographer.

HighTower/Thomas & Swartz Wealth Management and Sanibel Carts co-sponsor the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures take place every Friday at 10 a.m. and 1 p.m. in the admission-free "Ding" Darling Visitor & Education Center Auditorium.

Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or risk being reassigned.

This year, DDWS will be filming most lectures and broadcasting them on Facebook Live at facebook.com/dingdarling. For more tips on getting the most out of your "Ding" lecture experience, visit dingdarlingsociety.org/articles/lecture-tips.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center,

continued on page 21

Each year, The Music Foundation benefits more than 4,000 students with its programs and awards \$12,000 to \$16,000 each year to disadvantaged and deserving students.

The Music Foundation of Southwest Florida was founded in 1991 as the Jennifer Craig Memorial Fund Summer Music Camp after a young music student who was the victim of a drunk driving accident.

The Helm Club at The Landings Yacht, Golf and Tennis Club is located at 4420 Flagship Drive in Fort Myers. To purchase tickets or for more information, call Ruth Christman at 275-0057 or visit www.music-foundation.org.✱

Sail And Power Squadron Classes

The following are 2020 classes for the San Carlos Sail and Power Squadron.

America's Boating Course – This basic boating class covers the basics of boat handling, personal watercrafts, required equipment, navigation aids and rules, and dealing with emergencies. It will provide instruction on the laws and regulations of the state of Florida. Students who pass the exam receive a Florida boater's card (required for people born after January 1, 1988). The course is a total of eight hours that are spread over two Saturdays with lunch on the second Saturday. Cost is \$65 with an additional \$30 for two sharing

materials that include the course book, pamphlets on aids to navigation, federal requirements and trailering. Students may be eligible for Jump Start, an on-the-water course for new boat owners offered at no charge for those who complete ABC and join America's Boating Club.

Classes will be held February 1 to 8; March 7 to 14; and April 4 to 11.

Local Waters, Local Charts – This course is directed toward new boaters and boaters new to the area, as well as those who wish to learn chart reading. Using Chart 11427, boaters will learn some of the basics of navigation in the Fort Myers area. Students should bring their own copies of the chart. (See www.scbps.com for detailed instructions on obtaining the appropriate chart). Cost is \$45 or \$70 for two people sharing materials. Classes run from 8:30 a.m. to 12:30 p.m. with registration at 8:15 a.m.

Classes will be held January 25, February 15, March 21

Marine Navigation (Piloting) – This six- to eight-week basic navigation course covers chart reading, course plotting and basic coastal or inland navigation, including basic GPS usage. Classes are held Tuesday afternoons and began January 14 at 2 p.m. Cost is \$75 for America's Boating Club members, \$150 for non-members. Advance registration is required. To register, call 466-4040 and leave a message.

The San Carlos Sail and Power Squadron Classroom is located at 16048 San Carlos Boulevard in Fort Myers.

To register, call 466-4040 and leave a message.✱

Nature Photographer At Lecture Series

Acclaimed nature photographer Clyde Butcher will be presenting two free programs at JN "Ding" Darling National Wildlife Refuge on Friday, January 24 at 10 a.m. and 1 p.m. Based on his *Big Cypress Swamp: The Western Everglades* and other photographic books, the programs are part of the 2019 "Ding" Darling Lecture Series.

Butcher, who is dubbed "the Ansel Adams of Florida," has made for himself a big reputation based on big black-and-white nature images taken with big cameras. The award-winning artist captures the Florida Everglades, coastal island, and other unspoiled areas with stunning majesty. In recent years, he has expanded his depth of field nationwide and even abroad in a recent exhibition commissioned by The Dali museum in St. Petersburg.

Butcher will sign copies of his books, available in the Refuge Nature Store, following the lecture. Proceeds from nature store sales directly benefit refuge wildlife, education and research.

"Wilderness, to me, is a spiritual necessity," said Butcher, whose lecture coordinates with a refuge 75th anniversary exhibition of his work now on display free-of-charge in the Refuge Visitor & Education Center through

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Book Review

Ribbons Of Scarlet



by Di Saggau

I found *Ribbons of Scarlet* to be a fascinating story about women involved in the French Revolution because they wanted to change the world. The book is the story of six diverse and complex

women, told by six skilled, best-selling and award-winning authors. Kate Quinn, Stephanie Dray, Laura Kamoie, Sophie Perinot, Heather Webb and E Knight each tell the tale of a real-life woman and how their paths crossed during the French Revolution.

Many of their stories are tragic but also inspiring. Women did not have a place in politics in late 18th century France, but these women from all walks of life decided to join the fight to upend a world order that has oppressed them for so long. The French Revolution was complicated and so were the lives of the women who fill the pages of this novel. This is a breathtaking novel that describes the hopes, desires and destinies of these unforgettable women.

In the Authors' Notes at the end of the book, the writers explain why they chose their individual characters and what they



image provided

learned about them through historical documents. Here are a few examples. Sophie de Grouchy aimed to prove that an educated populace can govern itself. She was a blue-blood who believed in democracy, education and equal rights for women. Louise "Reine" Audi, was vivacious and passionate and dedicated to a cause that ultimately led to a mental break and her tragic end. Manon Roland was a woman ahead of her time. She had a gift for making speeches, drafting legislation and, in the 21st century, would

probably be a congresswoman. Marie-Anne Charlotte de Corday d'Armont has been named a heroine and an evil assassin of the French Revolution. She said, "I killed one man to save a hundred thousand." Each story is fascinating.

Many historical figures have a place in the book, such as Robespierre, King Louis XVI and his sister Princess Elisabeth, to mention just a few. The authors show that what these women experienced was marked by cataclysmic

change and conflicting beliefs, brutality, rapidly shifting alliances and new factions sprouting up by the day. In the Forward, we are told it's our chance to enter Paris for a front-row seat to all the action and drama during the years of the French Revolution.

Ribbons of Scarlet is an epic novel about the women who fought alongside the men believing their rights were every bit as important. I loved this book.*

School Smart



by Shelley M. Gregg, NCSF

Dear Shelley, I have two preschool children. I know that they should not have much screen time but it is such a struggle. They love the iPad, and my

smartphone. Are there any benefits for kids in using tablets or phones?

Mari B, Fort Myers Beach

Mari,

You are correct that there should be very limited use of tablets/phones and screen time for young children.

According to the American Academy of Pediatrics (AAP), screen time can get in the way of creative play and interactions with caregivers that are essential for child development.

Under 2 years of age, children shouldn't have any screen time at all, whether it's television or digital games and toys, the AAP recommends. From ages 2 to 5, kids should get no more than an hour a day of total screen time, and they should be with parents or caregivers during these activities, the AAP advises. Doctors urge parents of young kids to limit screen time or avoid it altogether because all those hours watching videos or gaming have been linked to slowed development of speech and language, motor skills and social and behavioral skills.

However, there is a bit of positive news about screen time from recent research. The analysis of results from previous research of approximately 4,500 children and 35 separate studies, found that typically developing kids who use interactive educational apps may be better at recognizing and writing numbers and letters. Researchers found some evidence that interactive apps helped with math and reading skills, particularly with early building blocks like counting and sounding out simple words. Unfortunately, the team couldn't draw broad conclusions about what type of app might be best for building specific academic skills.

The study leader Shayl Griffith of Florida International University in Miami reported that, "There is somewhat consistent evidence across studies that game-based educational apps targeting early academic skills, like early math skills, have the potential to support learning in young children. These

findings are important because they suggest that interactive apps, when chosen well and used appropriately, may be a useful and accessible tool to support early academic development".

"Parents should absolutely continue to try to limit screen time, as recommended by the AAP," Griffith said. "However, when children do use screens, parents should also pay attention what kinds of activities they are engaging in, so as to maximize potential benefits. Parents should be thoughtful about the types and content of media that they give children access to, and preview those media."

Consult organizations like Common Sense Media (commonsensemedia.org) for advice on various media may help parents identify specific apps and other media for young children that are fun but also support emerging academic skills.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Craft And White Elephant Sale

Palmetto Palms RV Resort will be hosting a Craft and White Elephant Sale on January 18 from 8 a.m. to noon. Coffee and donuts will be available. The public is invited.

Palmetto Palms RV Resort is located at 19681 Summerlin Road in Fort Myers. For more information, call Marge Gregg at 466-5331.*

From page 1

Symphony

that extends far beyond classical horizons with country, bluegrass, Irish folk tunes and Gypsy-Roma melodies.

In addition to Apap, this concert will feature 2018 Jillian Prescott Scholarship Competition winner Caroline Sikuta on violin in Bach's *Concerto for Two Violins*.

The Village Church on The Island at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. For more information and tickets, visit www.shellpoint.org/concerts or call 454-2067.*

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Deaf and hard of hearing students with their loved ones

photo provided

Center Receives Grant From Foundation

The Sally J. Pimentel Deaf & Hard of Hearing Center (DHHC) received a \$2,500 grant from the Cape Coral Community Foundation to help support the family American Sign Language (ASL) classes, which restarted January 14 after the holiday break.

To apply for the grant, DHHC created a 45-second video explaining the need for the classes, pointing out that parents in three out of four households with a deaf child do not know sign language, meaning that 75 percent of households with deaf children have no communication with their child at home.

"Our goal is to help families bridge this gap by instilling the skills they need to communicate effectively," said Alicia Miller, executive director of the center. "With the help of the Cape Coral Community Foundation, we are thrilled to extend this learning opportunity to more and more families within our community."

DHHC offers free weekly ASL and deaf culture instruction for families with deaf or hard of hearing children. The sessions are free every Tuesday from 6:30 to 7:30 p.m. during the school year at the center.

The family sessions are led by a parent of a deaf child and are designed to help parents and siblings learn basic ASL to

understand the needs of their deaf or hard of hearing family member.

Parents learn basic communication and sign language, deaf culture and the struggles of raising a deaf child. Siblings play and learn to communicate with their sibling with sign language. Families come together at the end of each session to practice what they learned. Guest speakers, such as other hearing parents who have had success raising their deaf child and learning sign language or teachers who talk about educating deaf children, are sometimes scheduled. Families are encouraged to attend the sessions as often as they like, as education is ongoing.

The center also offers five-week ASL classes for adults, with the next beginning session starting Monday, February 10. DHHC uses "Signing Naturally" curriculum, designed to introduce ASL to aid in communication with the deaf and hard of hearing community, and educate those who may be losing their hearing. Classes are \$75 for a five-week course, with discounts for the hard of hearing and immediate family members of a deaf person. Classes for the deaf are offered for free.

The Sally J. Pimentel Deaf & Hard of Hearing Center is located at 1860 Boy Scout Drive in Fort Myers. For more information, call the voice phone at 461-0334, or video phone at 247-5821. For more information on classes, visit www.dhhc.life/asl-classes.



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Bank Named As Sponsor For Mentors Gala

FineMark National Bank & Trust is sponsoring Mentors of IMPACT, a February 19 event recognizing the achievements of eight individuals who have inspired others in the community through mentoring.

Mentors of IMPACT is an annual program that honors men and women at the pinnacle of their careers or community service who have elevated the lives of others through mentoring. Proceeds from the event benefit Earn to Learn FL, a matched-savings program that offers personalized financial capability training and success coaching to students across Florida.

Among those being recognized at the Mentors of IMPACT event is Joe Catti, FineMark's CEO and president.

"We are pleased to support Earn to Learn FL and believe all students deserve access to higher education," Catti said. "This program supports that effort – and in addition, it teaches students the important life skills of managing their finances and saving for the future."

One of Earn to Learn FL's goals is having students graduate with minimal or no debt. Students who complete training requirements and save \$500 of their own money can receive up to \$4,000 annually in financial assistance through Earn to Learn FL's corporate partnerships and sponsorships.



Joe Catti

photos provided

"Joe and FineMark National Bank have long supported education initiatives in the communities they serve," said Brenda Tate, founder and CEO of Earn to Learn FL. "FineMark's support will expand opportunities for academically talented students whose ultimate goal is to complete a college degree or postsecondary certification with little to no debt."

In addition to Catti, seven other individuals will be recognized at the Mentors of IMPACT event: Alise Bartley, PhD (mental health crusader), Kellie Burns (NBC2), Myra Daniels (philanthropist),

continued on page 24

Is your **Estate Plan** providing
you **COMFORT, CONFIDENCE**
& **CLARITY?**



Craig R. Hersch

Florida Bar Board Certified Wills,
Trusts & Estates Attorney, CPA
"Will Power" Columnist, *The Island Sun*



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Will Power

Problems With Joint Ownership And Transfer On Death Accounts



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Recently, several new clients have arrived at my office explaining that they don't need revocable trusts. "My banker told me simply to designate all of my accounts as 'transfer on death' to my children, so no probate is necessary, and even no trust is necessary." Other clients have placed bank and investment accounts in joint name with one or more of their children to accomplish the same thing.

Neither is a good idea.

Let's tackle the joint account with rights of survivorship first. The first is a gifting problem. When Mom places Daughter onto a joint account, then Mom is deemed to have made a taxable gift as to one-half of the value of the account. This would require the filing of a Federal Gift Tax Return Form 709 if the total gifts to Daughter exceed \$15,000 in that year.

If Mom lives in a state that has a gift tax, a state gift tax filing may also be due. In today's world of high federal gift and estate tax exemptions, in Florida this isn't necessarily fatal, unless at some point in the future those exemptions should decrease. In 2025, absent any further legislation from Congress signed by the president, the exemptions are slated to return to their former levels. So a large gift today might resonate in the future.

Further, when Daughter owns half of the account, she loses half of the step-up in tax cost basis at the time of Mom's death. If Mom owned the account solely in her own revocable trust (that avoids probate anyway) then all of the capital gain would have been eliminated at Mom's death. Daughter will pay additional capital gains taxes she otherwise wouldn't have.

Further, assume Daughter has two siblings that Mom wants her to share the account with. Legally, Daughter doesn't have to. Even if Daughter is honest, it is a taxable gift from Daughter to her siblings when she makes transfers to them following Mom's death, resulting in the same problems discussed above but now they apply to Daughter.

If Daughter gets divorced or is a defendant in a lawsuit, or has bankruptcy or other creditor issues, those potential creditors can attack Mom's bank and investment accounts that were put into joint name with Daughter.

None of these problems exists using a revocable trust.

Now let's turn our attention to Transfer on Death accounts.

Assume Mom designates her investment account as "pay on death" to Daughter, but Mom also has Son. Daughter is expected to share with Son at Mom's death. Nothing says that Daughter must, and if Daughter does share with Son, then she has the gift issue discussed above.

If one of the "pay on death (POD)" beneficiaries dies or has creditor issues, then another problem arises. Suppose Mom puts her investment account as "pay on death" to Daughter and Son. Mom becomes incompetent and then Son dies before Mom dies. Son is survived by a minor child, Grandson.

Mom wasn't able to change the POD beneficiary, so when she died, Son's will would need to be probated. Son's will left his assets to his wife, as opposed to grandson who Mom would have wanted the account to go to. Even if Mom was able to name Grandson directly, the bank could not make a transfer to a minor without an expensive and time-consuming court process. This all could have easily been avoided with a revocable trust.

Let's consider Mom's incapacity as well. Because her accounts were not in a trust that authorized certain distributions, Mom's attorneys weren't able to assist the family with qualifying mother for Medicaid. Her nursing home expenses could deplete the account. Further, the bank wouldn't accept the durable power of attorney because it was "out of date," which required the family to enter into an expensive and time-consuming guardianship to access the funds.

Mom was financially supporting Daughter prior to Mom becoming incompetent. Those payments had to stop because under a POD account, there's no way to legally continue those gifts.

POD accounts usually require that you designate equal shares for all POD beneficiaries. This may or may not comply with your intent.

Finally, if one of your beneficiaries is undergoing a divorce or other creditor problem at the time of your death, the POD account may become subject to claimants of that beneficiary.

This is just a laundry list of some, not all, of the potential problems with POD and joint with survivorship accounts. Anyone with any degree of wealth should instead use a revocable trust vehicle to navigate these issues.

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Lee Clerk Schedule For Free Seminars

Learn the techniques used to uncover criminal records, property history or even a marriage status. Join Lee County Clerk Linda Doggett at the first of four scheduled seminars titled Be Your Own Investigator at the Bonita Springs Public Library on Wednesday, January 29 from 1:30 p.m. to 3:30 p.m.

Doggett will teach attendees how to search and view Lee County's civil and criminal court documents and public records for free on the clerk's website. You will learn how to view mortgages, property deeds, marriage licenses and other official documents recorded in Lee County.

Searching public records can assist with investigating: landlords and tenants; businesses; doctors and medical providers and Lee County genealogy and ancestry

"We always encourage our citizens to take every precaution to avoid becoming a victim of a scam or abuse," Doggett said. "Searching your public records can help you avoid dangerous situations with the wrong people."

Learn how to register for the free Property Fraud Alert feature and how to redact your private information from public records in accordance with state law will also be presented.

Other topics covered in this seminar include how to: pay traffic tickets online; access the county's financial and audit reports; locate where you can participate

in foreclosure and tax deed auctions; postpone jury duty; and report suspected guardianship fraud.

The 2020 scheduled seminars are: January 29 – Bonita Springs Public Library, 10560 Reynolds Street, Bonita Springs

February 24 – Lee County Public Library, 921 SW 39th Terrace, Cape Coral

March 3 – North Fort Myers Public Library, 2001 North Tamiami Trail, North Fort Myers

May 6 – Lakes Regional Library, 15290 Bass Road, Fort Myers 33919

Registration is not required, but seating is on a first come, first served basis.

For more information, contact the Clerk's Community Relations Manager Rita Miller at rmiller@leeclerk.org.✧

New Household Chemical Waste Vehicle Stops

Lee County Solid Waste has a new household chemical waste (HCW) collection vehicle available to provide residents convenient and responsible disposal of chemicals that might otherwise be harmful to people and the environment.

The vehicle's next stop will be 10880 Bonita Beach Road in Bonita Springs on Wednesday, January 8 from 10 a.m. to 2 p.m. Residents can dispose of items such as leftover paints, cleaners, herbicides, pesticides, automotive fluids, pool chemicals and electronics at no charge. Residents must pre-schedule by calling

533-8000.

The HCW collection vehicle made its inaugural stop on Fort Myers Beach in October 2019 and collected 3,669 pounds of chemicals from 53 residents.

The mobile HCW is designed to assist residents who may not have time to visit the county's permanent Household Chemical Waste drop-off location, which

is located at 6441 Topaz Court in Fort Myers. For more information, visit www.leegov.com/solidwaste/recycling/chemicals.

Drop off is an easy, drive-through process available to all residents at no charge. Businesses need to make an appointment to drop off chemicals during the monthly business collection.✧

Ceremony Set For Parkway Realignment

The public is invited to attend an official groundbreaking ceremony for the new Littleton Road-Kismet Parkway realignment across the street from the LCEC substation on Monday, January 27 at 10 a.m.

The Littleton Road-Kismet Parkway realignment project is a joint venture between the Lee Board of County Commissioners and the City of Cape Coral. The estimated \$2 million cost will be paid from impact fees and contributions from the City of Cape Coral.

The construction project will realign Kismet Parkway and Littleton Road at NE 24th Avenue. The new intersection will be a four-lane divided roadway with streetlights. There will be a four-foot, on-road bike lane on each side of the road. A six-foot concrete sidewalk will be located on the north side of the new road with an eight-foot sidewalk located to the south of the new road.

The intersection of Corbett Road and Littleton Road will be replaced by a lighted two-lane roundabout.

The ceremony will be held at 9980 Littleton Road in North Fort Myers. For more information about the Lee County Department of Transportation, visit www.leegov.com/dot.✧

From page 10

Hymn Festival

at Houston's Christ the King Lutheran Church from 2008 to 2015, and seminary musician at the Lutheran Theological Seminary at Philadelphia from 1990 to 2008.

Mummert is a composer of the first musical setting of Holy Communion in Evangelical Lutheran Worship, the commended worship book of the Evangelical Lutheran Church in America. Augsburg Fortress publishes his numerous psalm settings and other musical compositions for the liturgy.

A wine and cheese reception will follow the hymn festival.

Peace Lutheran Church is located at 15840 McGregor Boulevard in Fort Myers. For more information, call 437-2599 and www.peaceftmyers.com.✧

Frankly Speaking

by Howard Prager



After an exciting wild card playoff weekend in the NFL, last Saturday was boring. Favored San Francisco won, favored Baltimore lost, but neither game was close.

Then came Sunday, and one of the most exciting games ever. Kansas City, with its 51-31 victory, is the first team in NFL history, regular season or playoffs, to trail by 24-plus points in the first half and be tied or leading entering halftime. Patrick Mahomes is the first player in NFL history with 300-plus pass yards, five-plus pass touchdowns and 50-plus rush yards in a playoff game. He joins Doug Williams (Super Bowl XXII) as the only players in postseason history with four passing TD in a single quarter. Tight end Travis Kelce and running back Damien Williams scored three touchdowns apiece, joining the 49ers' Jerry Rice and Ricky Waters in Super Bowl XXIX as the only teammates to score that many times in a postseason game. KC hosts Tennessee on Sunday in the championship, which should be most entertaining. A win puts them in their first Super Bowl in 50 years. If Tennessee wins, it would be their first trip back since 1999.

As I said, two exciting games, although the Packers never trailed the Seahawks in the late game. Except perhaps in one way – the game of life according to Coach Pete Carroll. In a profile on the Seahawks

coach in the *New York Times*, Carroll “talks about creating a vision for yourself. The native Northern Californian asks you to think about what it really means to excel, whether it’s winning a football game or just being a good person, and it goes a long way toward explaining what is going through his mind when he is galloping down the sideline.” Carroll’s longtime business partner, Michael Gervais, a sports psychologist who has worked with Olympic athletes, serves as the mind-set guru for the Seahawks. “Gervais has a simple mantra about the Seahawks. ‘We are a relationship-based organization, rather than having an outcome-based approach,’ he said. The idea is that strong, trusting relationships among people who are striving to be the best versions of themselves create something powerful.” Not powerful enough to beat the Packers, yet over the past 16 years, the Seahawks have done well with first and second place finishes 13 out of 16 years, three Super Bowl appearances and one trophy.

Who’s been naughty? Astros general manager Jeff Luhnow and manager AJ Hinch were each suspended without pay for the 2020 season by Major League Baseball, which on Monday released the findings from its investigation into Houston’s sign-stealing allegations. Subsequently, the owner of the Astros fired them both. Houston also forfeits its first- and second-round picks in the 2020 and 2021 Major League Baseball (MLB) Drafts. In addition, the Astros were fined \$5 million, which is the highest allowable fine under the Major League Constitution. I find this shows some spine by MLB. They continue to investigate the Boston Red Sox for similar allegations. The report says that, “the illegal sign-stealing was mostly

player-driven, though it states that former bench coach Alex Cora, who is now the manager of the Red Sox, was involved in setting it up. Cora was not disciplined as part of this investigation, but the report states that he could face penalties at the conclusion of the ongoing investigation into allegations of illegal sign-stealing by the Red Sox during the 2018 season.” So if it was primarily player driven, why weren’t some of the players disciplined? They (the commissioner) did that in 1919 with the “Black” Sox scandal when eight players were tossed from baseball, which was made into the movie *Eight Men Out*.

Who’s nice? Pop Warner football coach Carlton Spivey from Phenix City, Alabama has produced 26 collegiate level players in the last three years from his Bi-City Longhorns youth team. When Clemson’s Justyn Ross and LSU’s Peter Parrish faced each other in the NCAA national championship game (a well-played game that LSU won, 42-25, and captured the national championship), it’s the second time in two years that Phenix City will watch its own battle in the college championship.

“On any given Sunday, the local football field in Phenix City is full of 60 to 75 kids, from age 10 to Central High School varsity players. It’s a weekly training session for the city’s football youth. Most of the city’s best players have been a part of this fabric, and often give back to the kids below them, because that’s what they were taught: work hard, rever those who came before them, and pay it forward to the players behind them. Former players who have moved on to the college ranks train high school players when they are home. The high school players train the youth players and the cycle continues,

year in and year out. The product of their hard work lies before them as former players come back who are successful at the game’s highest levels. Spivey has coached youth football for 15-plus years in Phenix City and won a Pop Warner National Championship in 2010. ‘I had most of these kids from the time they were 7, 8, 9, 10 years old. They were taught to help each other. We instilled a family environment.’ And as it usually goes with small towns, we have small town problems. ‘There’s not a ton to do in a positive sense, so it’s easy to get distracted in a negative sense,’ Spivey said, and he doesn’t want the kids he works with to get involved in what he called “your hood stuff.” Spivey has seen this destroy some of the city’s best athletes so he created his program as a means to combat those distractions and to set up the players with something greater. Seeing the players he helped groom, like Justyn Ross, suit it up in the national championship game creates a feeling of pride for Spivey and others who have witnessed their ascension. It brings pride to a city and actualizes dreams for kids watching. ‘It’s a once in a lifetime dream,’ coach Spivey said. It makes young kids believe anything is possible.”

Speaking of making anything possible, the first comeback story of the year. Serena Williams won her first major tennis tournament in three years in New Zealand last weekend. She donated her winnings to Australia’s efforts to battle the devastating forest fires. Classy all the way.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✱

First Manager Of Mighty Mussels Named

The Minnesota Twins recently announced that Aaron Sutton will be the first manager of the newly rebranded Fort Myers Mighty Mussels.

This is Sutton’s first stint in professional baseball. He spent the last four years as head coach at Montana State University Billings, earning 2019 GNAC Coach of the Year Honors after guiding the

Yellowjackets to the league’s regular and postseason titles, and their first ever berth in the NCAA Division II West Region Championships.

Sutton replaces Toby Gardenhire, who led the Fort Myers Miracle to a First Half South Division Championship and a 74-59 overall record in 2019. Gardenhire was promoted to manage Triple-A Rochester this season.

Joining Sutton on the coaching staff are hitting coaches Nate Rasmussen and Brian Meyer, pitching coaches Virgil Vazquez and Carlos Hernandez, athletic trainer Ben Myers, and strength and conditioning coach Chuck Bradway.

Rasmussen served as a hitting coach for the GCL Twins in 2019. This is his second season in the Twins organization. Meyer spent the last three seasons at Butler University after a five-year stint at Tulane University. Vazquez spent 2019 as the pitching coach with Class-A Cedar Rapids and begins his sixth season as a coach in the Twins organization. He ended his playing career with the Twins in Double-A New Britain and Triple-A Rochester in 2013 and 2014. He also spent parts of two seasons in the majors with Detroit (2007) and Pittsburgh (2009). Hernandez enters his third season in the organization. He served as a pitching coach with the GCL Twins last year and pitched for the Houston Astros from 2001-04.

Myers and Bradway are each returning for their second season in Fort Myers.

Mighty Mussels Opening Night is Thursday, April 9 against the St. Lucie Mets at Hammond Stadium. Season ticket and group packages are on sale now. Call 768-4210 for more information.✱

From page 17

Lecture Series

Indigo Trail, Bailey Tract and recreational opportunities at Tarpon Bay Explorers, the refuge’s official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

The season’s remaining schedule is

listed follows. For more information, call 472-1100 ext. 241 or visit www.dingdarlingsociety.org/articles/lecture-and-film-series.

January 31 – Author & Honey Sommelier C. Marina Marchese, *Honeybee: Lessons from an Accidental Beekeeper*. Book signing to follow.

February 7 – Zoo Miami Ambassador Ron Magill, *From Butterflies to Lions: A Walk on the Wild Side*

February 14 – Author Cynthia Barnett, *Rain: A Natural and Cultural History*. Book signing to follow.

February 21 – Author Jeff Klinkenberg, *Alligator in B Flat: Improbable Tales from the Files of Real Florida*. Book signing to follow.

February 28 – Author Craig Pittman, *Cat Tale: The Wild, Weird Battle to Save the Endangered Florida Panther*. Book signing to follow.

March 6 – Author and photographer Paul Bannick, *The Owl and the Woodpecker: Encounters with North America’s Most Iconic Birds*. Book signing to follow.

March 13 – Upcycle Designer Nancy Judd, www.recyclerunway.com.

March 20 – Author Eliot Kleinberg, *Black Cloud: The Great Hurricane of 1928*. Book signing to follow.

March 27 – Author Jack Davis, *All About Eagles and Other Florida Eco-Topics*. Book signing to follow.

April 3 – Jeri Magg, *Remarkable Women of Sanibel & Captiva*. Book signing to follow.✱

SPORTS QUIZ

1. Kendrys Morales set a Toronto Blue Jays record in 2018 by homering in seven consecutive games. Who had held the franchise mark?
2. How many consecutive seasons did Boston’s Wade Boggs have 200 or more hits?
3. Who was the first offensive lineman to twice finish in the top 10 of Heisman Trophy balloting?
4. Name the first woman to coach a championship-winning team in the WNBA.
5. Who was the oldest player to win the Conn Smythe Trophy as the NHL playoff MVP?
6. Jill Ellis set a record in 2019 for most games coached with the U.S. women’s national soccer team (132). Who had held the mark?
7. From whom did boxer James J. Braddock win the heavyweight title from in 1935, and who beat him for it in 1937?

ANSWERS

1. Jose Cruz Jr., with six consecutive games in 2001. 2. Tim Lincecum. 3. Pittsburgh’s Bill Ftralic (1983 and ‘84). 4. Anne Donovan, with Seattle in 2004. 5. Boston goalie Tim Thomas was 37 when he won the award in 2011. 6. April Heinrichs, with 124 games coached. 7. He won the title from Max Baer and lost it to Joe Louis.



Alex Hamilton photos provided



Steve Popper and Kim Berghs



Kaitlynn Flagg



Wayne Lea and Lisa Cannon

Volunteers Turn Out In Force To Help Fight Hunger

During Meals of Hope's 6th annual Holidays Without Hunger, 3,450 volunteers packed more than 875,000 meals at December events to be distributed for free through local schools, food pantries and food banks. A portion of meals packed at the Holidays Without Hunger event will be sent to the Bahamas to support continuing Hurricane Dorian relief efforts.

"We are thankful for all the individuals, families, sponsors and volunteers from local businesses and organizations who helped make Holidays Without Hunger a success," said Steve Popper, president and CEO

of Meals of Hope, the largest food pantry provider in Southwest Florida. Holidays Without Hunger sponsors include Estes Express Lines; The League Club; TD Charitable Foundation; Bank of America; The Stage Restaurant; Sunshine Ace Hardware; Henderson Franklin Attorneys At Law; The Rotary Club of Bonita Springs; Rotary Club of Cape Coral; Clifton Larson Allen; Rotary Club of Estero; First Horizon; Moorings Park; Mad Travel; The Rotary Club of Naples; Northside Naples Kiwanis; Park Family & Cosmetic Dentistry; Rotary District 6960 for Southwest Florida; Rotary International; The Sommer Foundation; Naples North Rotary Club; Tamiami Ford; Collier Harvest Foundation; First Citizens Bank; and State Farm Agent Javed Kapadia. To learn more, visit www.mealsofhope.org or call 537-7775.*



From left, Melissa Puleo, Rhett Fisher, Micah Jurick, Addie Jurick and Drew Fisher



From left, Sophia Holler, Ashley Urbanowicz, Jay Huckeba, Kady Jackson, Josh Varner, Leah Rison and Kris Urban



From left, Gertrude Natene Bwaya, Ramses Acosta and Carmen Melendez



Dr. Julie Schwartzbard photos provided

Hope Parkinson Symposium Set For February

Health care professionals, therapists, volunteers, care partners and those living with Parkinson's disease are invited to a morning of education, empowerment and energy at the annual Hope Parkinson Symposium at Broadway Palm Dinner Theatre on Friday, February 7.

Cost is \$20 per person and includes beverages, deluxe lunch buffet and dessert. Seating is limited and pre-registration is required

An optional pre-event lecture will be



Leslie Gibson-Weiland

held at 10 a.m. by movement disorder specialist Dr. Julie Schwartzbard. She will present Recognizing Off Periods in Parkinson's and the Role of a Unique Treatment Option.

The symposium begins at 11 a.m. with award-winning speaker and humor therapist Leslie Gibson-Weiland, RN, discussing The Positive Power of Humor, Hope and Healing.

Featured speaker is Nikolaus McFarland, MD, PhD, a movement specialist at University of Florida Center for Movement Disorders, neurorestoration chief of the Movement Disorder Division and associate professor of Neurology. Dr. McFarland will present What's New in Medical Care, Research and Treatments for PD.



Pete and Kelly Gaylord

The event concludes with Care Partner Communication Tips and Tricks with Pete and Kelly Gaylord.

Symposium exhibitors include Fyzical Therapy and Balance Centers, Hope Healthcare, Lee Health Rehabilitation Services and US WorldMeds. Pre-symposium lecture Presenting Sponsor is ACORDA Therapeutics. Supporting sponsors include Abbott; ACADIA Pharmaceuticals; Boston Scientific; and Personal Training by Jeri Ann.

The Hope Parkinson Program works closely with like-minded community organizations to provide a network of resources and education for people



Dr. Nikolaus McFarland

affected by Parkinson's disease and related movement disorders. After launching in 2009, the Hope Parkinson Program has enabled more than 3,000 people in Lee County to experience the fullness of life through knowledge, movement and fellowship. As a community service provided by Hope Healthcare, the program is offered at no charge to participants and care partners.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. To pre-register, visit www.hopeparkinson.org/events. For more information, call 985-7727 or visit www.hopeparkinson.org.✱

Schools Honored With Five Star Award

The School District of Lee County recently announced that 14 schools are being recognized with the Five Star School Award for the 2018-19 school year by the Florida Department of Education. The award is bestowed upon schools that are committed to incorporating family and community members into the school environment to enhance student learning.

"Having parents actively involved in their children's school and education is one of the best ways to ensure student success," said Superintendent Dr. Greg Adkins. "We also need the community engaged and supportive of our efforts for the district to be a success. These Five Star Schools are some of the best examples of how we do both."

The Lee County schools honored for their exemplary community involvement are: Bayshore Elementary School; Bonita Springs Charter School; Caloosa Middle School; Edison Park Creative & Expressive Arts School; Franklin Park Elementary School; G. Weaver Hipps Elementary School; Lehigh Acres Middle School; Lehigh Elementary School; North Fort Myers Academy for

the Arts; Pelican Elementary School; San Carlos Park Elementary School; Three Oaks Elementary School; Three Oaks Middle School; and Villas Elementary School.

The Five Star School Award was created by the Commissioner's Community Involvement Council and is presented annually to those schools that have shown evidence of exemplary community involvement. In order to earn Five Star School recognition, schools must earn a grade of "C" or above, or school improvement rating of "maintaining or improving" for the year of nomination. Schools must also show documentation that they have achieved 100 percent of the established criteria in the following categories:

Family Involvement
Business Partnerships
Volunteerism
Student Community Service
School Advisory Councils

"As an educator, I have witnessed the impact of engaging with stakeholders to support students in our schools," said Jacob Oliva, Florida chancellor of public schools. "The result of these connections is higher academic achievement and more students prepared for the future."

The 14 schools receiving the Five Star School Award will be recognized by the Lee County School Board at its January 28 meeting.✱

YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
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Ross Hauser, MD



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Caring Medical Florida
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Fort Myers, FL 33908
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DrHauser@CaringMedical.com

HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

deaRPharmacist

Four Top Options For Tension Headaches



by Suzy Cohen, RPh

Dear Readers: Tension headaches are the most common type of headache, and I'm willing to bet you've experienced more than one yourself. Millions of people endure this pain on

a regular basis just in the United States alone.

In the January 2020 edition of the *Journal of Cosmetic Dermatology*, there was a case study about a 32-year-old woman who received an injection of hyaluronic acid to her forehead and glabella (right between your eyebrows).

Hyaluronic acid is a popular wrinkle filler. She promptly developed severe anxiety, depression and tension headaches. These and other symptoms persisted for a year after her injection, and they sent her to a psychiatrist. Sad. I bet these doctors put her on all kinds of new medications without realizing the actual problem.

But not all of you are fortunate enough to determine your "migraine," which is a word I made up that means the trigger for your headache (or migraine). She was lucky to find out her problem, otherwise she would probably have kept up with those shots.

Tension headaches can actually occur on and off for years, but it's important to make sure that what you're dealing with is truly a tension headache. The root cause must be determined. Some headaches are spawned by MRI contrast media agents, while others are related to tick-borne illness, and still others are actually related to the

side effects of medication. If you'd like more information on headaches and migraines, I have an excellent book resource for you called *Headache Free*, which is a book I wrote several years ago.

In the meantime, here's a little 'script' for some herbs, amino acids and vitamins that might help you feel better, until you can figure out your migranade. Please ask your practitioner(s) what is right for you, with your individual sensitivities and medical history and/or current meds.

Rhodiola rosea – About 100 mg once daily, dosages vary. Not for pregnant or nursing women, or those with bipolar.

Magnesium – Approximately 500 total daily dose. This mineral is essential to the electrical circuitry of your brain. You can take it as a dietary supplement by mouth, or alternatively apply magnesium oil to your skin.

CoQ10 or Ubiquinol – Take approximately 100 to 200 mg for your total daily dose (you can divide it up).

Glycine – About 500 mg once at bedtime. Glycine is an important amino acid that has widespread effects in hundreds of metabolic pathways. It is usually very calming.

Medications and analgesics can help, however if you're on them long-term, there will be side effects and nutrient depletions. I would like to caution you about the long-term use of addictive opiates (don't start them unless you absolutely have to) and the combination of serotonergic or SSRI antidepressants which can create a harmful excessive amount of serotonin. Also, the use of NSAIDs (ie naproxen, ibuprofen) should be limited and those drugs should always be taken with food to protect the fragile lining of your esophagus and stomach.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Doctor and Dietician

Non-Surgical Options For Pain



by Ross Hauser, MD
and Marion Hauser, MS, RD

We have been treating patients with painful conditions for over 25 years. Unfortunately, some traditional practitioners use treatments that may not only worsen the painful conditions but accelerate the degenerative process with the eventual plan of joint replacement surgery. We would like to avoid surgery of any kind – especially if successful non-surgical options exist. Some of our patients tell us their providers told them, "Take this anti-inflammatory medication, it's all I can offer until you are old enough for joint replacement surgery." Really?

There are many reasons to want to avoid surgery. Surgery is traumatic; it puts stress on the body and could cause one to feel less confident using the surgurized limb. Surgery irreversibly alters anatomy. Surgery potentially involves many complications. Surgery can lead to long-term arthritis due to the removal of tissue needed to help

the body bear weight, such as cartilage, meniscus and disc tissue. Rehabilitation is longer after surgery than conservative measures, such as prolotherapy. Surgery does not always resolve the pain, which either means it did not address the cause (typically ligament laxity with resultant joint instability), or it caused another problem.

Goals of the non-surgical H3 (Hackett-Hemwall-Hauser) Prolotherapy treatments include providing better function, increased strength, pain relief, elimination of stiffness, swelling and muscle spasms, and improved physical examination and test findings, with the end result being able to do the things you want to.

H3 Prolotherapy involves injections. We offer options for pain relief during the treatments. We have both been cured of many (and we mean MANY) injuries over the last 25-plus years, including migraine headaches, runner's knee, back pain, carpal tunnel, shin splints, turf toe, thumb pain, torn meniscus, cervical radiculopathy, post-crash hematomas, pelvic floor and pubic injuries post trauma, plantar fasciitis, and the list goes on. Why would we get so many areas treated with prolotherapy? Because it works.

We want to remain active for as long as possible and this is what we wish for our friends, family and those who suffer with painful conditions.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Health And Wellness Fair

Lee County Parks & Recreation and Lee Health will be hosting its third Annual Health and Wellness Fair at Estero Park and Recreation Center on Saturday, January 25 from 9 a.m. to noon.

Vendor booths from local Lee County businesses will be on hand. Health education and screenings will be provided by the Lee Health Outreach Team and other organizations. There will be music by a live disc jockey from Acclaimed Sound, demonstrations from dance and fitness instructors, exhibits with weight loss vendors and the opportunity to donate blood on the Lee Health blood bus.

The free event is an opportunity to meet with local agencies to learn how to live a healthier lifestyle.

Estero Park and Recreation Center is located at 9200 Corkscrew

Palms Boulevard in Estero. For more information, visit www.leeparks.org or contact Lee Parks' Becca Werner at 533-1470.

Rec Center To Host Health Fair

Lee County Parks & Recreation will partner with Lee Health to host a Health Fair at the North Fort Myers Recreation Center on Tuesday, January 21 from 10 a.m. to 1 p.m.

This event is free and open to the public. Participants can receive health screenings, pick up information on wellness opportunities, listen to music and learn about what the North Fort Myers community has to offer.

North Fort Myers Recreation Center is located at 2000 North Recreation Way in North Fort Myers. For more information about this event, call 533-7200 or e-mail jzukaitis@leegov.com.

Windmill Village Expo To Benefit Hope Hospice

Windmill Village will host its second annual Home Expo on Saturday, January 25 from 10 a.m. to 2 p.m. Admission and parking are free.

The expo will feature dozens of local vendors offering a variety of home, health and personal services. Guests can enter to win more than 30 door prizes and a 50-50 raffle, with a portion of proceeds benefitting Hope Hospice.

Vendors include All Aboard Travel, All Weather Roofing, Baldwin Brothers Funeral and Cremation Society, Bassine Insurance Agency, Bath Fitter, Calusa Harbour, Cool Air, Dish Network, Empire Air Services, Florida Anchor and Barrier, Freedom Vapor Barrier, Grace Medical and Chiropractic, Hoglund Family Hearing and Audiology Center, Hole in One Golf Carts, Integrity Independent Insurance Agent, National Cremation Society, North Fort Myers Neighbor, Southwest Florida Ankle and Foot Care Specialists, Suncoast Credit Union, Triton Air and Heat, United Healthcare and more.

Hope Healthcare is a not-for-profit health care organization dedicated to

providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.hopehcs.org.

Windmill Village is located at 1613 North Cleveland Avenue in North Fort Myers. For more information, contact event organizer Nick Petti at 419-348-3496.

From page 19

Mentors Gala

Gail Markham (Markham Norton Mosteller Wright & Company, PA), Michael Martin, PhD (Florida Gulf Coast University), Susan McManus (Champions for Learning) and Mark Stevens (Stevens Construction).

The Mentors of IMPACT event will be held from 5:30 to 9:30 p.m. at The Club at Mediterra, 15755 Corso Mediterra Circle in Naples. It includes a cocktail reception, gourmet dinner, networking opportunities and a keynote address by Babcock Ranch Founder Syd Kitson, chairman and CEO of Kitson & Partners. Cost is \$400 per person.

Additional sponsorship levels are still available and include reserved seating, media recognition and promotion in publications and at the event.

For more information or tickets, visit www.earntolearnfl.org or email Tate at brenda@earntolearnfl.org.

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Sunny And CJ

Hello, my name is Sunny. I am an 8-year-old male domestic shorthair who is the unofficial mascot at Lee County Domestic Animal Services (LCDAS) as I am a staff and volunteer favorite. I am a social butterfly when it comes to people (other cats, not so much!). I will need to be the king of his castle as I do better being the only feline in the house. I am quite the character and keep the staff quite entertained.



Sunny ID# A777916

My adoption fee is \$25 with the adopt one, get a feline friend free special.

Does this superhero remind you of another famous former resident of LCDAS? My name is no small coincidence. I remind volunteers of Deputy Chance so much that they honored me with a name reflecting the similarities we share.

As you can see, I am a 3-year-old male hound mix who thinks I am ready to fight crime like my

great counterpart does – or perhaps just chase some tennis balls, go for long walks, and hang out after a long day with you and your family.

My adoption fee is \$25.

People make millions of New Year's resolutions each January. Lee County Domestic Animal

Services invites you to "Skip the Jog and Walk a Dog" as part of yours. Make pets a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for dogs over 30 pounds will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.*



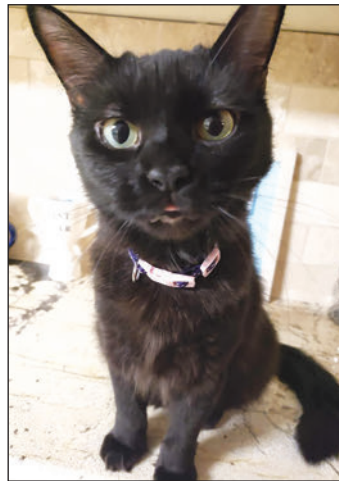
CJ ID# A805188

Haven on Earth Animal League

Eve

Hi There! My name is Eve – perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house – but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.*



Eve



One kitty



Two kitty



Three kitty

PAWS Of Sanibel

Three Kittens

PAWS, in conjunction with VCA Coral Veterinary Hospital in Fort Myers, has three beautiful kittens up for adoption.

The two males and one female are approximately 14 weeks old. They have had their first round of shots; worming and combo test were negative. For a \$50 adoption fee, they will be spayed/neutered but remaining shots will be at owner's expense. Medical records will be provided.

Call Pam at PAWS at 472-4823, if you'd like to take one, two or all three of these gorgeous kittens home in 2020.*

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonist Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees)	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 28

Super Crossword

APT OCCUPATIONS

- ACROSS**

1 Ship parts

6 One in a veil

11 Very small: Prefix

15 Sealed, say

19 Early TV's Stu

20 Posteriors

21 Stick — in the water

22 Songwriter's creation

23 Martin the ticket collector?

26 Actor Bana or Stoltz

27 Pay to play poker

28 Game with Wild cards

29 Clinton the doctor?

31 Caught at a rodeo

33 Pollen lover

34 Hardly fresh

35 Worldwide

38 Ellington the Peppermint Pattie factory worker?

45 More greasy

49 Ending for Israel

50 Ilk

51 Car owners' org.

52 Kelly the minister?

54 "Let's go!"
- 55 Former Apple messaging software

57 See 64-Down

58 Primate studier

59 Benny the golfer?

61 Markey and Bagnold

63 Actor Hinds of 2017's "Justice League"

65 Negligent

66 Sen. Kirsten Gillibrand's purview

67 Bailey the philosopher?

72 Folder flap

75 Meal tie-on

76 Rice-based Spanish dish

77 Ivory's counterpart

79 Benatar the dairy owner?

85 Fuzzy stuff

87 Departure

88 Standoffish

89 Karmann — (bygone VW sports car)

90 Nolte the clockmaker?

92 Skeleton part

93 +

94 Ariz.-to-Kan. dir.
- 95 Girls in the family

96 Liotta the lamp designer?

100 Gets dilated

102 Basic deg. for designers

103 Supermodel Carangi or actress Scala

105 End profit

110 Behar the chef?

116 Airport stat

117 Hotel chain

118 Morales of film and TV

119 Arden the demolition contractor?

122 Shady giants

123 Get-out-of-jail money

124 Super-mad

125 "The Flea" poet John

126 Blog addition

127 Pot for stew

128 Lauder of makeup

129 Evil smile
- 7 Alter totally

8 Reply to "Who's in charge here?"

9 Bounced down the court

10 Actress Davis of two "Matrix" films

11 Spam, say

12 Langston Hughes poem

13 Athletic team assoc.

14 Film anew

15 Not wobbly

16 Throw

17 Troop body

18 Pt. of MIT or STEM

24 Nuclear reactor tube

25 Polar vehicle

30 Polar pixie

32 Curved arch

36 High jump on a skateboard, informally

37 Lacking a key, in music

39 "Semper F" mil. branch

40 Weirdo

41 Rubik of cube fame

42 Aiea's island

43 Broccoli —

44 Kit — (candy bars)
- 45 Poet Nash

46 Twisted wit

47 — lazuli

48 Frosted

53 Abbr. on a pay stub

54 "Please, Mommy, will you let us?"

55 "Veni," in English

56 Nero's 160

59 Villain in Disney's "Aladdin"

60 Waitress on TV's "Alice"

62 Spruce (up)

64 With 57-Across, Ali ring strategy

68 Abate

69 "Fighting" Big Ten team

70 Cut, as pizza

71 Cold and wet

72 Like poison

73 Japanese cartoon art

74 Measures of memory

75 Scaring cry

78 — noire

79 One of Henry VIII's Catherine's

80 Et —

81 Mug in a pub

82 Jamaican citrus fruit
- 83 Mean ruffian

84 Wife on "The Addams Family," to her hubby

86 Cover for a truck bed

90 Crystal rubbers, perhaps

91 Jab deliverer

93 Control in a clinical study

97 Certain wind player

98 Very loudly, musically

99 9-to-5er's weekly cry

101 Main dish

104 Art house film, often

106 Went aboard

107 Nitrogen compound

108 Words after all or hole

109 San Fran gridder

110 All-terrain vehicle

111 Fjord city

112 Tasty tubers

113 Egg-shaped

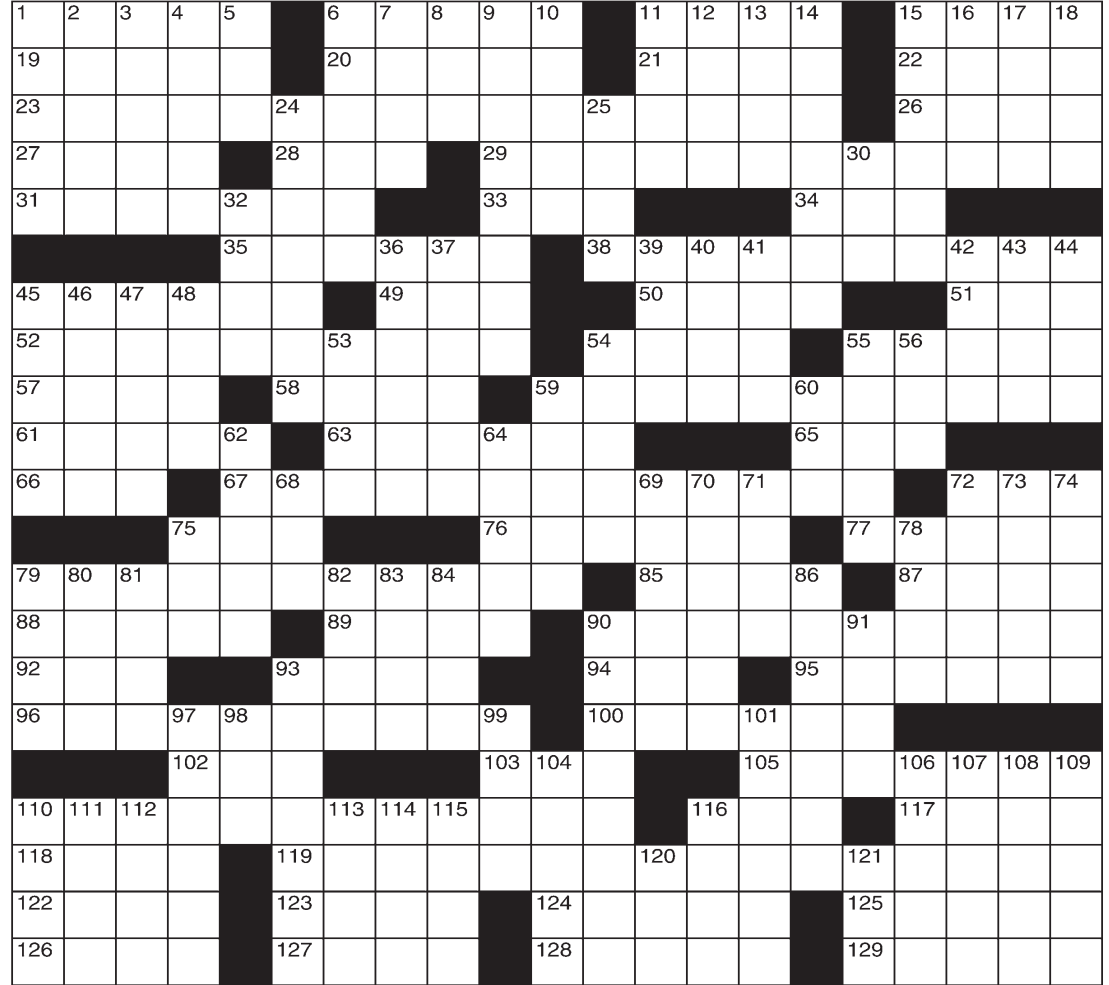
114 Eye, in Paris

115 Nut with caffeine

116 Rock finale?

120 Perched

121 LP replacers



King Crossword

- ACROSS**

1 Possesses

4 Cribbage scorer

7 Ringlet

8 Preclude

10 "M*A*S*H" setting

11 Scents

13 Kitchen pair

16 — and outs

17 "The — Show With Jon Stewart"

18 Whopper

19 Citi Field team

20 Marching musicmakers

21 Topper for Miss USA

23 Rushmore or Rainier

25 Responsibility

26 Cried

27 Lawyers' org.

28 Memorable mission

30 Shooter ammo

33 13-Across, e.g.

36 African desert wind

37 Ointment

38 Military subdivision

39 Unattractive

40 Mauna —
- 41 More, to Manuel

10 Japanese pond carp

12 Epithet for Simon

14 Information

15 Scarlet

19 Spring month

20 On the other hand

21 Big brass

22 Slanted, as lettering

23 Viral Web
- sleeve

phenom

24 One skilled in playing dead

25 "— Kapital"

26 Goes up a few degrees

28 Worship

29 Parkinson's treatment

30 Doctor's orders?

31 Jealousy

32 Iron or Bronze

34 Out of control

35 Long story
- DOWN**

1 Throws hard

2 Neighborhood

3 — : spoken :: libel : written

4 Danger

5 Black wood

6 Ready for action

7 Quarter, e.g.

8 CSA president

9 Overcoat

MAGIC MAZE ● FREE —

C G D A X U R O L J G D A X V

S P N K I F C A W X V S Q O L

J H E C A X V T H R P S N L J

H F L D S B R Y E X V T T R P

O M O Y K E I G E E E E D B Z

D N A H K X H D L M M K W U T

R W D N S L A C I D A R C Q O

E S I R P R E T N E N A O I L

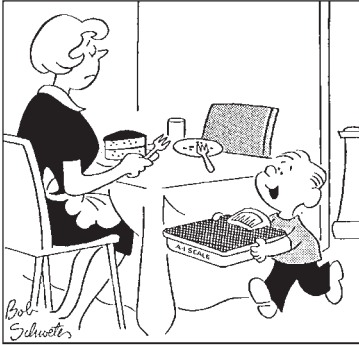
J H N I T N G F G U V M D F K

T H G U O H T C A Y L O X W V

T S R Z P O N L K J I G L F E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Enterprise	Love	Thinker	Way
Form	Lunches	Thought	Wheeling
Kick	Markets	Time	Zone
Loading	Radicals	Trade	



"Hey Mom, maybe you'd reconsider letting me
have your _____ if you'd stand
on this for a second."
Answer on page 30

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Group
REESIS _____
Shame
GAMITS _____
Point
DOPIER _____
Docile
TENGLE _____

TODAY'S WORD

7					5		4	
		8		6		9	1	
	3		4					2
1		7		8			3	
	4		2					6
		5			6	1		
		1	9	4		5		
6				3				7
	9				7		2	

SUDOKU

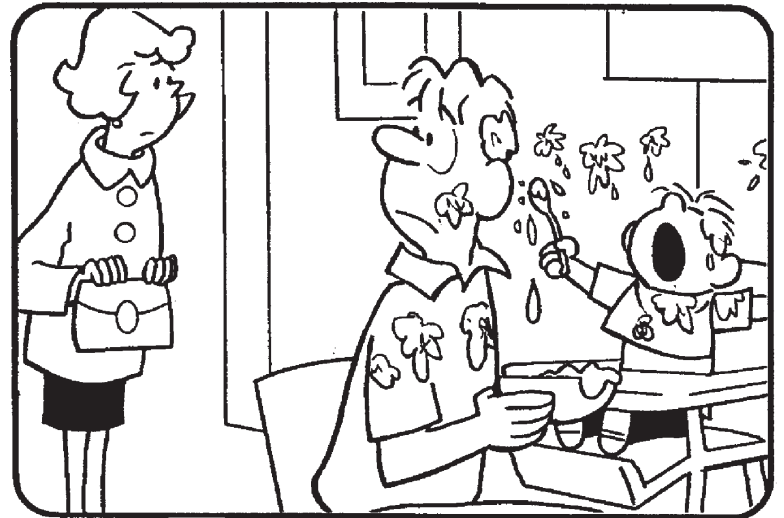
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

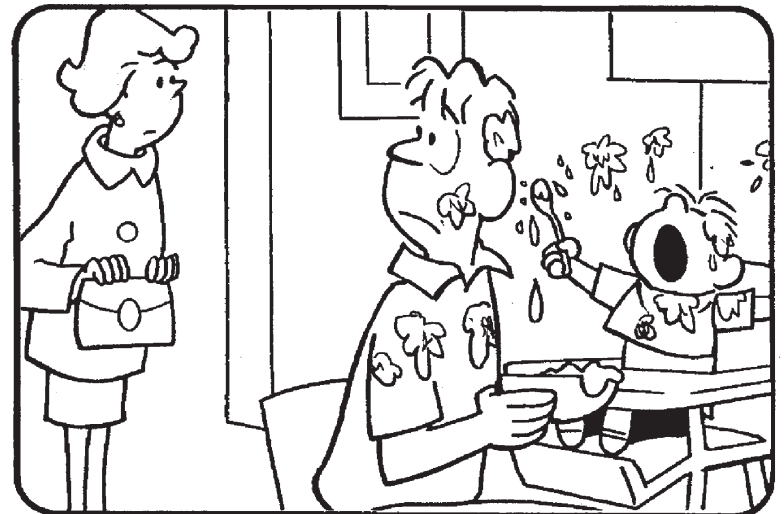
Answer on page 28

HOCUS-FOCUS

BY
HENRY BOLTIKOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Button is missing. 2. Skirt is different. 3. Food splat is missing. 4. Chair back is lower. 5. Nose is smaller. 6. Hair is different.

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	FRIDAY Sunny High: 77 Low: 67		SATURDAY Sunny High: 74 Low: 64		SUNDAY Sunny High: 76 Low: 62		MONDAY Cloudy High: 71 Low: 61		TUESDAY Cloudy High: 69 Low: 59		WEDNESDAY Cloudy High: 67 Low: 57		THURSDAY Cloudy High: 63 Low: 53						
Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>
Fri	6:25 am	12:07 am	6:41 pm	11:56 am	Fri	5:30 am	12:09 am	5:46 pm	11:58 am	Fri	6:38 am	12:26 am	6:44 pm	12:28 pm	Fri	8:35 am	3:23 am	8:51 pm	3:12 pm
Sat	8:27 am	1:40 am	7:24 pm	12:35 pm	Sat	7:32 am	1:42 am	6:29 pm	12:37 pm	Sat	7:58 am	1:45 am	7:31 pm	1:34 pm	Sat	10:37 am	4:56 am	9:34 pm	3:51 pm
Sun	10:33 am	3:01 am	8:11 pm	1:14 pm	Sun	9:38 am	3:03 am	7:16 pm	1:16 pm	Sun	9:22 am	2:47 am	8:20 pm	2:30 pm	Sun	12:43 pm	6:17 am	10:21 pm	4:30 pm
Mon	12:15 pm	4:08 am	9:01 pm	1:58 pm	Mon	11:20 am	4:10 am	8:06 pm	2:00 pm	Mon	11:00 am	3:43 am	9:15 pm	3:23 pm	Mon	2:25 pm	7:24 am	11:11 pm	5:14 pm
Tue	9:52 pm	5:03 am	None	None	Tue	8:57 pm	5:05 am	None	None	Tue	11:47 am	4:38 am	10:13 pm	4:17 pm	Tue	None	8:19 am	None	None
Wed	10:40 pm	5:51 am	None	None	Wed	9:45 pm	5:53 am	None	None	Wed	12:17 pm	5:28 am	11:02 pm	5:08 pm	Wed	12:02 am	9:07 am	None	None
Thu	2:33 pm	6:32 am	11:25 pm	4:38 pm	Thu	1:38 pm	6:34 am	10:30 pm	4:40 pm	Thu	12:46 pm	6:14 am	11:40 pm	5:53 pm	Thu	12:50 am	9:48 am	4:43 pm	7:54 pm

PUZZLE ANSWERS

SUPER CROSSWORD																			
M	A	S	T	S	B	R	I	D	E	M	I	C	R	S	H	U	T		
E	R	W	I	N		R	E	A	R	S	A	T	O	E		T	U	N	E
D	E	A	N	O	F	A	D	M	I	S	S	I	O	N	S	E	R	I	C
A	N	T	E		U	N	O		B	I	L	L	O	F	H	E	A	L	T
L	A	S	S	O	E	D		B	E	E		O	L	D					
					G	L	O	B	A	L		D	U	K	E	O	F	Y	O
O	I	L	I	E		R		I	T	E		S	O	R	T		A	A	A
G	R	A	C	E	O	F	G	O	D		C	M	O	N		I	C	H	A
D	O	P	E		D	I	A	N		J	A	C	K	O	F	C	L	U	B
E	N	I	D	S		C	I	A	R	A					L	A	X		
N	Y	S		P	E	A	R	L	O	F	W	I	S	D	O	M		T	A
				B	I	B		P	A	E	L	L	A		E	B	O	N	Y
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A	L	O	O	F		G	H	I	A		N	I	C	K	O	F	T	I	M
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KING CROSSWORD																			
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MAGIC MAZE																			

SUDOKU																			
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6	5	2	1	3	8	4	9	7											
8	9	4	6	5	7	3	2	1											

- TRIVIA TEST
- Animal Kingdom:** What are female elephants called?
 - General Knowledge:** What is the oldest brewery in the United States?
 - Movies:** To which destination is the McCallister family traveling in the movie *Home Alone*?
 - Geography:** How many U.S. states are named after a president?
 - Music:** In the song, what did Frosty the Snowman do after a magic hat was placed on his head?
 - Anatomy:** Where is the glabella located in the human body?
 - Language:** What did the Russian Space Station "Mir" mean in English?
 - Literature:** What are the names of the young bunnies in *The Tale of Peter Rabbit*?
 - History:** In what year was the sound barrier broken by a jet aircraft?
 - Landmarks:** Which presidents are depicted in the Mount Rushmore National Memorial in South Dakota?

- TRIVIA ANSWERS
- Cows
 - Yuehling
 - Pans
 - One
 - Washington
 - He began to dance around
 - World or peace
 8. Flopsy, Mopsy, Cottontail and Peter
 9. 1947
 10. George Washington, Thomas Jefferson, Theodore Roosevelt and Abraham Lincoln

My Stars ★★★★★
FOR WEEK OF JANUARY 20, 2020
Aries (March 21 to April 19) That lower-than-acceptable performance you're getting from others in your group might be the result of miscommunication. If so, correct it before serious problems arise later on.
Taurus (April 20 to May 20) An unexpected situation could call for a change of plans. If so, you might feel that this is unfair. But it's best to make the needed adjustments now. There'll be time later for rescheduling.
Gemini (May 21 to June 20) The new year brings opportunities you might want to look into. Some might be more interesting than others. But take time to look at all of them before you make any decisions.
Cancer (June 21 to July 22) It's a good idea to be careful about expenses until you've worked out that pesky financial problem. You might find it advisable to get some solid advice on how to proceed.
Leo (July 23 to August 22) Romance looms large over the Leonine aspect. Single Lions looking for love should find Cupid very cooperative. Paired Cats can expect a renewed closeness in their relationships.
Virgo (August 23 to September 22) Making contact with a former colleague might not be high on your list of priorities. But it could pay off personally as well as professionally. Avoid bringing up any negatives about the past.
Libra (September 23 to October 22) A personal relationship could face added

stress because of a situation involving someone close to both of you. Be supportive and, above all, try to avoid playing the blame game.
Scorpio (October 23 to November 21) You might well find some lingering uncertainties about a decision. If so, take that as a warning that you might not be ready to make that move yet. More study would be in order.
Sagittarius (November 22 to December 21) Music is a dominant theme for Sagittarians right now, and it should remind you to make a greater effort to restore some much-needed harmony in that very special relationship.
Capricorn (December 22 to January 19) Although family matters might demand much of the Sea Goat's attention this week, you'll want to try to make time to handle those all-important workplace situations as well.
Aquarius (January 20 to February 18) A recurring unresolved issue might need to be revisited before you can move forward. Consider asking someone familiar with the situation to act as an impartial counselor.
Pisces (February 19 to March 20) Ignore pressure to make a decision. Keeping your options open is still the wisest course, at least until you're sure you've learned all you need to know about the matter at hand.
Born This Week: You're capable of great loyalty to those around you, which is one reason you can count on devotion from friends and family.

MOMENTS IN TIME
• On Jan. 26, 1918, soon after the

Bolsheviks seized control in Russia, the former Russian state of Ukraine declares its total independence. In 1922, Ukraine became part of the Union of Soviet Socialist Republics; it would not regain its independence until the USSR's collapse in 1991.
• On Jan. 25, 1924, the first Winter Olympics begins at Chamonix in the French Alps. Spectators were thrilled by the ski jump and bobsled, two of 12 events involving six sports.
• On Jan. 24, 1943, German Gen. Friedrich von Paulus, commander in chief of the German 6th Army at Stalingrad, urgently requests permission from Adolf Hitler to surrender. Hitler refused. Of more than 280,000 men under Paulus' command, half were already dead or dying. Paulus held out until Jan. 31, when he finally surrendered.
• On Jan. 23, 1968, the USS Pueblo, a Navy intelligence ship, is engaged in a routine surveillance of the North Korean coast when it is captured by North Korean patrol boats. Eleven months later, negotiators reached a settlement to resolve the crisis and free the surviving 82 crewmen.
• On Jan. 21, 1977, U.S. President Jimmy Carter grants an unconditional pardon to hundreds of thousands of men who evaded the draft during the Vietnam War. Some 100,000 young Americans went abroad in the late 1960s and early '70s to avoid military service.
• On Jan. 20, 1980, bleachers at a bullring in Sincelejo, Colombia, collapse, resulting in the deaths of 222 people.



Citrus Tea

- 1 cup orange juice
 - 1 Orange, cut into rounds
 - 1 Grapefruit, cut into rounds (optional)
 - 1 Lime, cut into rounds
 - 1 gallon sweet tea, home made or store bought
- Combine all of the ingredients and store in the refrigerator. Serve over ice.❄️

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Citrus Tea

photo courtesy Fresh From Florida

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2018 Angies list SUPER SERVICE AWARD

From page 28

Moments In Time

The deadliest tragedy at a sporting event in Colombia’s history was the result of overcrowding and poor construction.

• On Jan. 22, 2003, the U.S. Census Bureau releases detailed statistics on race and ethnicity showing that the Hispanic population was the country’s largest minority group. Some 29 percent of immigrants in the U.S. had come from Mexico alone.

STRANGE BUT TRUE

• It was nonviolent Indian activist Mahatma Gandhi who made the following sage observation: “First they ignore you, then they laugh at you, then they fight you, then you win.”

- In 1905, Sir Arthur Conan Doyle, author of the Sherlock Holmes stories, became one of the first people ever to be fined for speeding.
- Appropriately, the patron saint of bankers is St. Meingold.
- Ever wonder how BVDs came to be called that? From the names of the men who originally manufactured them: Bradley, Voorhies and Day.
- Less than half the people in the world use a spoon, fork and knife to eat. The rest use chopsticks, just a knife or their hands.
- In Babylon 4,000 years ago, it was accepted practice that for a month after the wedding, the bride’s father would supply his son-in-law with all the mead he could drink. Mead is a honey beer, and so that time became known as the honey month – what we know today as

- the honeymoon.
- People who pick chili peppers in Costa Rica have to wear special suits to avoid getting blisters just from coming into contact with them.
 - The Pledge of Allegiance was published in 1892 in celebration of the 400th anniversary of Columbus’ voyage to the New World. It didn’t contain the words “under God,” though, until 1954, when they were added by an act of Congress in an attempt to check the creeping advance of “Godless Communism.”
 - Abraham Lincoln was the only American president to witness battle firsthand while in office.
 - A caterpillar has 4,000 muscles.

THOUGHT FOR THE DAY

“Going to the opera, like getting

drunk, is a sin that carries its own punishment with it, and that a very severe one.” – Hannah More

Tool For Electric Outage Updates

Lee County Electric Cooperative has an app for mobile devices and an online tool called SmartHub. The new customer service tool provides access to view electric account information and usage history, pay bills and report power outages. SmartHub even allows you to request a call or text when your power is restored or to let you know when your power usage exceeds a self-determined threshold. This continued on page 31

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Babcock Ranch Festival Of Kites

Babcock Ranch is hosting the Festival of Kites in Jack Peebles Park on Saturday, January 25 from noon to 5 p.m.

The family-friendly, rain-or-shine event features a day of fun and free kite kits for children while supplies last, along with tours of Babcock Ranch's model homes and tastings from food trucks.

Bring a chair or blanket and watch world-renowned kite makers and fliers showcase their talents in large kites and inflatables with flying demos.

Air-conditioned shuttles will be available for self-guided tours of more than two dozen furnished Babcock Ranch model homes open for viewing. Guests who register online will be invited to sample menu items from local favorite food trucks at every stop. Visit www.babcockranch.com/events to register, then stop in at Woodlea Hall Discovery Center on event day to pick up your bracelet and start your tour. Model home tours and bracelets are limited to the first 500 guests to register.

Windworks will host an onsite Wind Garden with kites and accessories available for purchase.

Babcock Ranch is located at 42850 Crescent Loop in Babcock Ranch. For more information, call 877-709-6620, or visit www.babcockranch.com.✱



A Festival of Kites participant begins her run for launch photos provided

From page 30

Outage Tool

is especially helpful for seasonal residents who may want to know if usage declines or spikes due to equipment failure at their location.

LCEC also provides an outage management map that can be accessed at www.lcec.net/reliability/storm-center/outage-map. Customers can visit the site and view areas that are experiencing outages by zip code, region, or county and see the number of customers impacted and if a crew has been assigned.

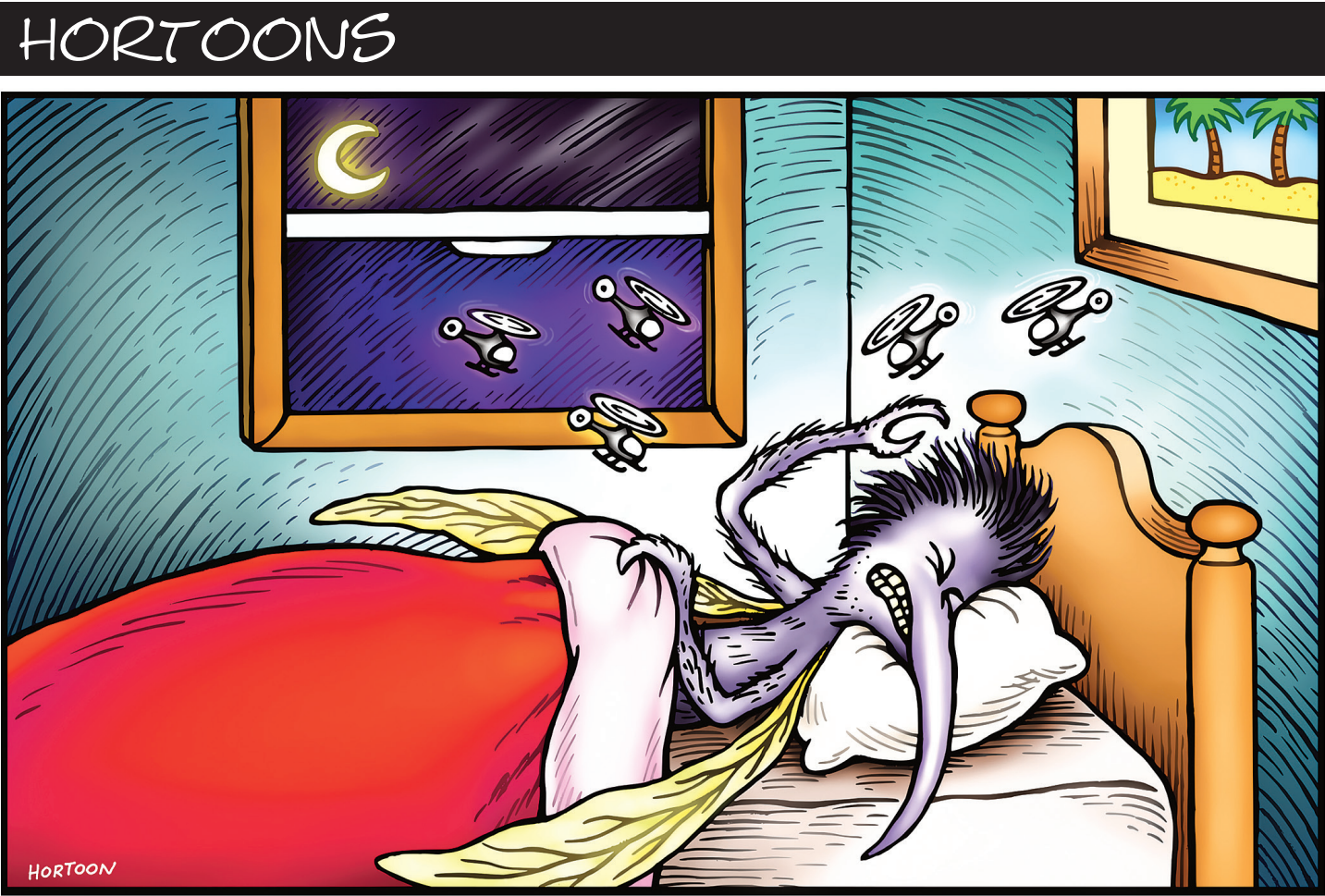
New features are being added to SmartHub throughout the year so be sure to enroll and see all that it has to offer. To register as a new user, you can visit SmartHub on the LCEC website or through their mobile app offered in the Apple Store or in the Android Market.

For more on what the SmartHub can do, visit www.lcec.net/my-home/smarthub.

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2018	5,648	\$4,999,000	\$4,500,000	3
Captiva Beach	Captiva	1990	4,736	\$4,900,000	\$4,250,000	935
Fa Lanes Bayview	Captiva	1999	2,599	\$2,695,000	\$2,368,000	306
Siena	Miromar Lakes	2005	2,895	\$1,250,000	\$1,200,000	78
Heron Point	Estero	1998	3,154	\$1,199,000	\$1,150,000	110
Yacht Club	Cape Coral	1979	2,748	\$990,000	\$875,000	228
Pinehurst Estates	Fort Myers	1986	5,380	\$899,000	\$835,000	283
Cape Coral	Cape Coral	2006	3,953	\$872,500	\$809,000	166
Hyde Park	Fort Myers Beach	1953	1,462	\$750,000	\$707,000	26
Cape Coral	Cape Coral	2019	2,162	\$685,900	\$640,000	257

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